MEADOW HEIGHTS PRIMARY SCHOOL

NEWSLETTER



8 March 2024 Week 6

We respectfully acknowledge the Traditional Owners of country throughout Victoria and pay respect to the ongoing living cultures of First Peoples



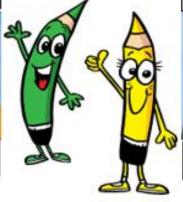
Dear Parents, Carers and Students,







Amy Backas



MHPS SCHOOL CAPTAINS





Leyla Ozdemir

Edin Sulicic

Expectations

Sharon Peluso

At MHPS we have high expectations for our students. We base our expectations on our school values of **RESPECT, RESPONSIBILITY, PRIDE** and **EXCELLENCE**. Our behaviour matrix (below) outlines the behaviour we expect from all students.





We also have expectations for parent behaviour and will not accept rude or aggressive behaviour toward any member of staff.

Parents are asked to:

- show RESPECT when communicating with staff
- be a role model for your child by showing our school values
- not approach other students in the yard. Let staff deal with student issues.
- use COMPASS to arrange a time to meet with your child's teacher should the need arise. Our teachers are busy teaching during the school day.
- report to the office when coming on school grounds apart from dropping off or picking up students. All visitors will be given a RED lanyard so staff are aware they have permission to be in the school grounds.

Parents must appreciate that our teachers are professionals and deserve to be treated that way. They work extremely hard to do the best for your children.

Remember we are part of the one school community, and it is important we work together.

Teachers and parents provide a vital support system to help students flourish. Both groups are important. When parents and teachers communicate and work together effectively, it can significantly impact each student's long-term success.

Have a great week everyone and keep up the great work!

Kind Regards,

Mrs Sharon Peluso & Mrs Amy Backas



NEW Library Books Displays



- 1. Machines on the Farm
- 2. Machines in Construction
- 3. Transport Machines
- 4. Machines in the Water
- 5. Machines in the Air



- 1. How to Make a New Friend
- 2. I Am Included
- 3. I'm a Good Friend
- 4. Our Friendship
- 5. I Can Make Up

LBRARY

Parents/Caregivers, here is the Library timetable for your children to assist you in ensuring that they return their Library books on time each week!

2024 LIBRARY TIMETABLE for Term 1

PREPS A and B PREP C		Monday Wednesday
1B	Ms O'Connell	Monday
1C	Ms PENNINI	Wednesday
2A	Ms Pirro	Tuesday
2B	Ms Isdar	Tuesday
2C	Mr LaMattina	Wednesday
34A	Mr Torchia	Thursday
34B	Mrs Bell	Thursday
34C	Mrs Durna	TBC
34D	Ms Delaney	Tuesday
56A	Ms Caruso	Monday
56B	Mr Pace	Tuesday
56C	Mr Knox	Tuesday
56D	Ms Lang	Monday



IMPORTANT DATES

DAY DATE ACTIVITY

THURSDAY 22 FEB TO THURSDAY 4TH APRIL - FOOTPATH WORKS

MARCH 2024



Monday 11th LABOUR DAY – NO SCHOOL

Tuesday 12th Grades 5/6 First Aid in Schools Incursion

Tuesday 26th to Thursday 28th Grades 5/6 Doxa City Camp

Wednesday 20th Grade 1 Mind & Body Incursion

Thursday 28th 2.30pm pick up - LAST DAY OF TERM I



APRIL 2024

Monday 15th 8.50am SCHOOL RESTARTS TERM II



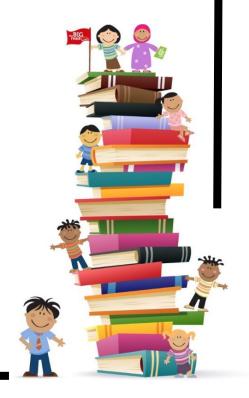
HAVE YOU CHANGED YOUR DETAILS?

Please immediately notify the School Office of any changes to your address or contact details. Please update your email address for COMPASS information.

Office Hours

Monday—Friday 8:30am to 4:00pm

The office is CLOSED during all school holiday periods















Some Tips from the MHPS Wellbeing Team



Creating Resilience in Children

Resilience is our ability to cope in the face of adversity, trauma or stress. It's something we begin to learn in childhood.

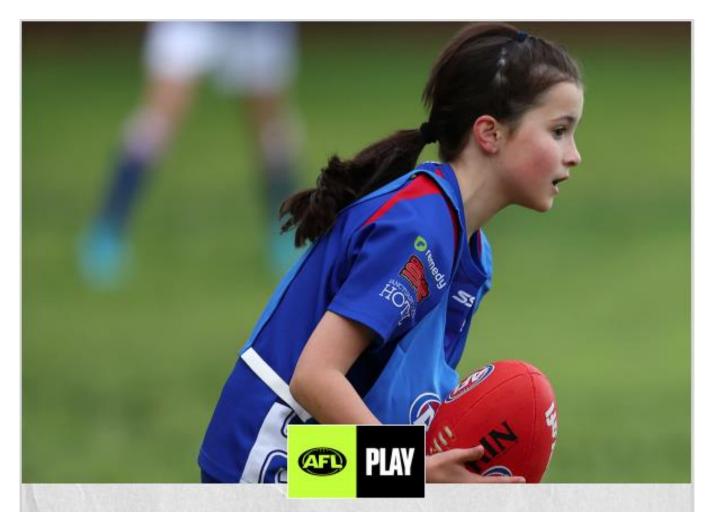
Children need to be resilient learners. They need to feel willing to try, even when work can become a little tricky.

How can you help develop your child's resilience?

8 Ways to Build Resilience in Children:

- 1. Let them experience disappointment so they learn sadness doesn't last forever.
- 2. Validate their fears and help them make plans to do things even if they're scared.
- 3. Let them take (reasonable) risks and experience natural consequences.
- 4. Encourage them to try new things, make mistakes, and learn from their mistakes.
- 5. Give them opportunities to make their own decisions and help them problem solve.
- 6. Tell stories of people who faced hard times, persisted, and grew stronger as a result.
- 7. Reframe challenges as short-term problems, and opportunities for learning.
- Remind them that although we can't control everything that happens to us, we can control how we respond.





COME & PLAY

Experience Australia's most loved sport through AFL Victoria's FREE Come & Play Event. A Footy experience full of fun activities, modified games & memorable moments to take home with you!

Come & Play is all about giving kids (turning 5-12 years old in 2024) the opportunity to experience football in a fun & safe environment

WHERE

Jacana Reserve, Lorraine Drive, Jacana

WHEN

Sunday 10th March -11:00am-2:00pm



SCAN TO REGISTER

