

MEADOW HEIGHTS PRIMARY SCHOOL

NEWSLETTER



6 FEBRUARY 2023



I respectfully acknowledge the Traditional Owners of Country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.



LETTER FROM THE PRINCIPAL

Dear Families and Carers

WELCOME BACK

It was lovely to see our students returning after the holiday break. Our new preps are a joy. Later this term you will be invited to meet your child's teacher. Invitations will be sent in the next few weeks.

XUNO has been replaced by COMPASS

Meadow Heights Primary is transitioning to COMPASS in 2023. We will provide you with login information soon. While COMPASS is being setup, you can contact the school via phone 9305 2033 or the school email meadow.heights.ps@education.vic.gov.au. We thank you for your patience! We will send newsletters and any correspondence through email. You can also find the school newsletter on the webpage.

2023 STAFF

Meadow Heights Primary School community welcome the following teachers: Mrs Hannan Rofaeel and Mrs Nessrine Hayek as Prep teachers and welcome back Ms Dominique Delaney as a year 2 teacher. We would also like to congratulate Mrs Silvia Menelaou who has taken the Assistant Principal position at another school for the 2023 school year.

COVID INFECTION

Parents and carers are recommended to continue to report their child having COVID-19 to both the school and the Department of Health. We ask parents and carers to continue to remain vigilant in preventing COVID-19 transmission. Any student who is unwell should continue to remain at home. This is about keeping students healthy and well in our school and reducing the spread of both COVID-19 and other respiratory diseases.

Free rapid antigen tests are available at the school for those who need them. Parents and carers will be contacted if their child shows symptoms while at school. Students who wish to wear a mask should continue to do so. To keep our school as safe as possible, we will also continue to use air purifiers and other COVID-19 prevention measures.

SCHOOL COUNCIL ELECTIONS

All government schools in Victoria have a school council. MHPS school council has parent, community and staff representatives. Elections will be held this term and if you would like to nominate please ask our office staff for a nomination form. Parents on school councils provide important viewpoints and have valuable skills that can help shape the direction of the school. School council members can directly influence the quality of education that the school provides for its students.

We have an exciting year ahead.

Warm regards

Mrs Margaret Leach

Mrs Margaret Leach
School Principal



NOTICE OF ELECTION AND CALL FOR NOMINATIONS

An election is to be conducted for members of the school council of

MEADOWS HEIGHTS PRIMARY SCHOOL

Nomination forms may be obtained from the school and must be lodged by 4.00pm on

TUESDAY 21ST FEBRUARY 2023

The ballot will close at 4.00pm on *(insert day, month and year)*.

TUESDAY 8TH MARCH 2023

Following the closing of nominations, a list of the nominations received will be posted at the school.

The terms of office, membership categories and number of positions in each membership category open for election are as follows:

Membership category

Parent member

Term of office

Year

From the day after the date of the declaration of the poll in 20

2023

to and inclusive of the date of the declaration of the poll in 20

2025

Number of positions:

3

Membership category

School employee member

Term of office

Year

From the day after the date of the declaration of the poll

2023

to and inclusive of the date of the declaration of the poll

2025

Number of positions:

2

Following the closing of nominations, a list of the nominations received will be posted at the school.

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

Principal signature

Margaret Leach

FORM 3: SELF-NOMINATION FORM FOR PARENT MEMBER CATEGORY

I wish to declare my candidacy for an elected position as a parent member on the school council.

Name

Residential Address:

Contact phone (<i>mobile or landline</i>):

Email:

I am the parent/guardian of
who is/are currently enrolled at this school.

Statement	Yes (Mark with an x)	No (Mark with an x)
I am an employee of the Department of Education and Training		
I am an employee of the school council		
I am engaged in work at and for the school.		

I am prepared to serve as a parent member of the above-named school council.

I hereby declare that:

- I am not, and have never been, insolvent under administration
- I am of sound mind
- I have not been found guilty of an offence that is, or would if committed in Victoria be, an indictable offence
- I am not a registrable offender within the meaning of the *Sex Offenders Registration Act 2004*.
- I am not suffering from any medical condition that would affect my ability to perform the role of member of a school council.

Signature of Candidate

Date:	
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You will be notified when your nomination has been received.

The personal information provided in this form is collected as part of the school council election nomination process. The information may be used to determine your eligibility as a candidate. Your personal information may be disclosed as a result of inspection prior to the commencement of voting or at any time up to one year from the declaration of the poll.

Your name will be included in a list of school council candidates and nominators (where applicable) posted in a prominent position at the school and for candidates, on a ballot paper (where applicable). Further, the name, membership category, gender (optional), term of office, office held (if any) of school council members and notification whether the member is an employee of the Department will be forwarded to the Department of Education and Training by the principal by 30 April each year as a record of council membership and may be used for statistical purposes.

You can access your personal information by contacting the principal on:

*If you choose not to give some or all of the information requested your nomination may not be accepted.
If you have any queries about the school council nomination process, please contact the principal.*

FORM 5: SELF-NOMINATION FORM FOR SCHOOL EMPLOYEE MEMBER CATEGORY

I wish to declare my candidacy for an elected position as a school employee member on the
(school name below)

school council

Candidate's details

Name

Residential Address:

Contact phone (mobile or landline):

Email:

Statement

Yes

(Mark with
an x)

No

(Mark with
an x)

I am an employee of the Department of Education and Training

I am an employee of the school council

I am engaged in work at and for the school.

I accept the nomination and I am prepared to serve as a school employee member of the above-named school council.

I hereby declare that:

- I am not, and have never been, insolvent under administration
- I am of sound mind
- I have not been found guilty of an offence that is, or would if committed in Victoria be, an indictable offence
- I am not a registrable offender within the meaning of the *Sex Offenders Registration Act 2004*.
- I am not suffering from any medical condition that would affect my ability to perform the role of member of a school council.
-

Signature of Candidate

Date:

You will be notified when your nomination has been received.

The personal information provided in this form is collected as part of the school council election nomination process. The information may be used to determine your eligibility as a candidate. Your personal information may be disclosed as a result of inspection prior to the commencement of voting or at any time up to one year from the declaration of the poll.

Your name will be included in a list of school council candidates and nominators (where applicable) posted in a prominent position at the school and for candidates, on a ballot paper (where applicable). Further, the name, membership category, gender (optional), term of office, office held (if any) of school council members and notification whether the member is an employee of the Department will be forwarded to the Department of Education and Training by the principal by 30 April each year as a record of council membership and may be used for statistical purposes.

You can access your personal information by contacting the principal on:

If you choose not to give some or all of the information requested your nomination may not be accepted.
If you have any queries about the school council nomination process, please contact the principal.

IMPORTANT DATES

DAY	DATE	ACTIVITY
Fridays	2.45 pm	Whole School Assembly Webex No 2651 312 2968

FEBRUARY 2023

Friday	10 th	Preps 8.50am to 1pm
Monday 13 th to Friday 24 th		Preps 8.50am to 2.30pm
Monday	27 th	Preps 8.50am to 3.20pm Full time



HAVE YOU CHANGED YOUR DETAILS?

Please immediately notify the School Office of any changes to your address or contact details

Office Hours

Monday—Friday
8:30am to 4:00pm

Last day of each Term the office will close at 2:30pm
The office is CLOSED during all school holiday periods





[Some Tips from the MHPS Wellbeing Team](#)

Meadow Heights Primary School is a School Wide Positive Behaviour Support (SWPBS) school. We ask students to follow the school's values by being PROUD, RESPECTFUL, EXCELLENT and RESPONSIBLE.



Our term 1 focus value.

Expected behaviours relate to each value and are outlined in our matrix. This term our focus is on being RESPECTFUL. Weekly awards will be presented to students who show respect at school. Awards are announced at assembly and are included in our weekly newsletter.

Wellbeing News

Be Respectful by....

- Treating others the way you want to be treated

Be Active!



Regular physical activity is good for mental health and wellness! So why not...

- Join online exercise classes
- Dance
- Play sports while staying safe
- Take the stairs
- Work standing up

Wellbeing News

Our Wellbeing team is here to help if you need us. Just call the school and ask to speak to Sharon Peluso, Jan Jones, Andrea Watson, Ivan Bromilow or Salwa Salem at the HUB.



Hi there!

My name is Salwa. Most of you know me from the community Hub as a Hub leader.

I am also a qualified counsellor and I have dedicated Monday's to being the school counsellor this year. As a counsellor at MHPS I will be working with students to support their social/emotional development and working on strategies with them to help them better manage their emotions.

I will keep working in the Hub from Tuesday to Friday as a Hub leader and have many exciting things planned for 2023, including: Cooking Classes, Gardening, English Classes, Play Group programs for parents and their children.

Please feel free to pop in for a chat if you have any concerns regarding your child's development, or if there are any parenting concerns.

I look forward to working with you in 2023!

Dear Parents, Carers and Community members,

I am writing to introduce myself (Mr Ivan) as the new Mental Health and Wellbeing Leader at Meadow Heights Primary School. This role has been created as part of the Mental Health in Primary Schools program; an initiative started by the State Government that recognises the importance and need for coordinated actions in schools to support evidence-based wellbeing programs and early mental health interventions.



As Mental Health and Wellbeing Leader and with the Wellbeing team at Meadow Heights Primary School, I will be working closely together with students, teachers, families and the community to ensure that everyone feels supported and has access to resources and information. I will also be leading programs and initiatives aimed at promoting mental health and wellbeing.

I will also look to share information regarding social and emotional learning that the community may be interested to know.

Best regards,
Ivan Bromilow
Mental Health & Wellbeing Leader
Meadow Heights Primary School



IMPORTANT INFORMATION FROM FIRST AID



MEDICATION

Wherever possible medication should be scheduled outside the school hours. Medication required three times a day is generally not required during a school day; it can be taken before and after school and before bed. If your child requires regular medication to be administered during school hours, parents/guardians need to send the medication to school, clearly labelled with the student's name, accompanied with a signed note by the parent/guardians, providing directions for administering the medication. Medication will be held in a locked cabinet in the Sick Bay.

FIRST AID ASSISTANCE

An updated action plan should be supplied for students with Asthma or any other illness that may require first aid assistance at school. In particular, conditions like Epilepsy, Anaphylaxis, Asthma or severe allergic reactions. This plan will be attached to your child's school file and will be displayed in the First Aid Room. Each student who is at risk of **Anaphylaxis/Asthma/Epilepsy** is required to have a management plan that has been developed in consultation with the parents/guardians and medical practitioner. Prevention strategies for each student at risk of Anaphylaxis/Asthma/Epilepsy must be developed for both in school and out of school.