

MEADOW HEIGHTS PRIMARY SCHOOL

NEWSLETTER



4 December 2023

Week 10



We respectfully acknowledge the Traditional Owners of country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.



Principal, Margaret Leach

Dear Parents, Carers and Families

Upgrade of toilets for 2024

We will be applying for the 2024 Australian Government Schools Upgrade Fund to upgrade our girls, boys and staff toilet blocks. An architect went through the school last week to provide a scope of works and costing. We are hoping we are successful and will keep you informed of our progress.

The 2023 MHPS Yearbook is to be distributed to families at Parent Teacher Meetings – save the date - Tuesday 19th December.

Please register for a time on COMPASS.

Victorian Fisheries Authority – Little Angler Kits

The Victorian Government is investing \$1.5 million from the Recreational Fishing Licence Trust Fund to provide up to 95,000 Little Angler Kits to primary school aged children in Victoria.

The free kits provide a wonderful school holiday activity for children with their families and help ease the cost of living, providing a fun activity close to home.

Grade 5 students at all Victorian schools, including ours, will be offered the opportunity to receive a FREE Little Angler Kit. Grade 5 students have been selected based on the Victorian Curriculum focus, movement and motor development, and safety considerations.

The program is entirely voluntary. Schools were provided with the option to opt out of the program. Our school has opted to stay in the program so that parents can decide whether they want their child(ren) to receive a free fishing kit.

Parents of Grade 5 students can advise the school if they do not wish their child(ren) to participate for any reason whatsoever. We support parents in making decisions that align with their family values and beliefs.

The school will give out the kit to year 5 children at Parent Teacher meeting on December 19th so the participating children will have a kit in time for the summer school holidays.

The kits include a rod, reel with line, tackle tray, some tackle and information on how to use them to catch a fish. Please note that the tackle tray includes fishing hooks. The tackle tray will be wrapped in cardboard and placed inside a pocket inside the fishing kit bag, which will be sealed with a cable tie to discourage students from opening their kits until they are with a parent or carer.

The Victorian Fisheries Authority will create a Little Angler hub on their website, which will be live when the kits start being distributed. It will have useful information, instructional videos and online resources about where and how to fish linking to existing resources from Fishcare and new resources to be produced just for the Little Angler Kits program.

This initiative aims to grow recreational fishing participation in Victoria by actively encouraging primary school aged children to learn how to fish, as well as learning more about marine life and the natural environment.

Kind regards

Mrs Margaret LEACH
School Principal

IMPORTANT DATES

<u>DAY</u>	<u>DATE</u>	<u>ACTIVITY</u>
DECEMBER 2023		
Tuesday	5	Year 6 Graduation
Wednesday	6	Year 5/6 Funfields Excursion
Thursday	7	Prep End of Year Celebrations – Sun Theatre
Friday	8	Year 3/4 – YMCA/Tenpin Bowling Excursion
Monday	11	COLOUR FUN RUN
Friday	15	LAST DAY OF CANTEEN
Friday	15	Year 5/6 – Open Water Excursion
Tuesday	19	Parent/Teacher Meetings – Online bookings open
Wednesday 20 Last Day of School 2023 – bell rings 1.20pm		
JANUARY 2024		
Tuesday	30	First Day of School 2024 – bell rings 8.50am

INSERT OR UPDATE



HAVE YOU CHANGED YOUR DETAILS?

Please immediately notify the School Office of any changes to your address or contact details. Please update your email address for COMPASS information.

Office Hours

Monday—Friday
8:30am to 4:00pm

Last day of each Term the office will close at 2:30pm
The office is CLOSED during all school holiday periods





[Some Tips from the MHPs Wellbeing Team](#)

Meadow Heights Primary School is a SWPBS school. We ask students to follow the school's values by being **PROUD, RESPECTFUL, EXCELLENT and RESPONSIBLE.**

PARENTLINE

Parentline is a phone service for parents and carers of children from birth to 18 years old. They offer confidential and anonymous counselling and support on parenting issues.

Parentline is available 8am to midnight, 7 days a week including public holidays

They have qualified counsellors to:

- talk about any issues to do with parenting and your relationships
- help you with ways to cope and be a positive parent
- help with your family's wellbeing and resilience
- connect you with services in your area.

Your call is confidential and anonymous.

Counsellors have social work or psychology backgrounds. You can ask for a male or female counsellor and ask to speak to the same counsellor if you call back again.

They can assist non-English speaking parents and carers to connect to a translating and interpreting service.

Some reasons to ring Parentline

They can discuss a range of issues about parenting, including:

- child behaviour and development
- parent / carer child relationships
- education
- bullying
- living with teenagers
- family violence
- family breakdown



Wellbeing News





Slip



Slop



Slap



Seek



Slide



Protect yourself in five ways from skin cancer



With higher UV levels from September onwards it is important to use a combination of sun-protection measures to minimise the risk of skin and eye damage and skin cancer.

From **TERM IV (2 October)** when outdoors at MHPS, it is **COMPULSORY** that staff and students wear appropriate clothing that covers as much skin as possible and a legionnaire cap to protect the head, face, neck and ears. Staff and students should also apply SPF 30+ broad spectrum sunscreen, use shade whenever possible and if practical, sunglasses should also be worn.

Students without appropriate hats must sit in the shade in the main courtyard during their breaks.
NO HAT! NO PLAY! NO SUN!

MHPS appreciates your support in our efforts to encourage your child about the importance of being SunSmart. MHPS legionnaire **caps can be purchased at the school office for \$8 via eftpos (no cash).**





CANTEEN NEWS

!!PARENTS / CAREGIVERS!!

Please note the Canteen will be **CLOSED** for the year on
Friday, 15 December.

Please ensure your child has a packed snack,
lunch and water for Monday 18 December and
Wednesday 20 December (last day of school)



LAST DAY OF SCHOOL WEDNESDAY 20 DECEMBER

Dismissal time is **1.20 pm**

**PARENTS!!
PLEASE MAKE SURE YOU
PUT A REMINDER ON YOUR
CALENDARS NOW - THANK YOU**



**FIRST DAY BACK 2024
for ALL Students
TUESDAY, 30 JANUARY 2024
8.50am start**

**FIRST DAY BACK FOR PREPS 2024
TUESDAY 30 JANUARY 2024
8.50am to 1pm**

PREPS 2024 START/FINISH

Monday 30 January to (2 weeks)
Friday 9 February 2024 8.50am to 1pm

Monday 12 February to (1 week)
Friday 16 February 2024 8.50 – 2.20pm

Monday 19 February **FULL TIME**
8.50 – 3.20pm





1800 FUN RUN (386 786)
INFO@SCHOOLFUNDRAISING.COM.AU
SCHOOLFUNDRAISING.COM.AU

The Fundraising Group (Australia) Pty Ltd
ABN 44 090 756 488

Dear Parent/Guardian,

We will be holding the *Colour Fun Run* as a major fundraising event this year on ***11th December***! We're doing it to raise much needed money for ***updating the gym with cooling ***.

About the Day

The *Colour Fun-Run BIG SHOW* is all about Fun! There will be huge inflatables, and you will get to meet Chase the Cheetah! Think of it as a Fun Run carnival! This will be one of the most exciting days on our school's calendar, with everyone's participation the aim, so please make sure they attend of the day and cheer the other kids on!

How Does My Child Fundraise?

Firstly, go to schoolfunrun.com.au and create a student profile page. Everything to do with your fundraising revolves around this page.

Students who raise just \$10 will be able to choose a prize! The more they raise, the better their reward – don't forget to check these out in the sponsorship form! We have educated students on the dangers of door knocking without supervision, and we encourage you to reiterate this at home. The great thing about online fundraising is that you can share the link to your child's profile with friends and family via email, SMS and [Social Media](#).

Online Fundraising

The easiest way to help your child raise money is through online fundraising, where students raise an average of \$120. On top of raising more money, it's also safer and easier than doorknocking and you don't have to worry about handling money! To start fundraising online, go to your student profile page at schoolfunrun.com.au and share your online fundraising link.

Competition Time

To get our event off to a flyer, we're starting our BIG SHOW with a super easy competition! The class with the most online profiles registered by ***13th October*** will win a class party! To help your child's class win, simply create your profile at schoolfunrun.com.au.

Getting Involved

STUDENTS DO NOT NEED TO RAISE MONEY TO JOIN IN THE COLOUR RUN!

We would love to welcome parents and family members to attend the *School Fun Run*. I can't wait to see you at our event!

Ordering Prizes – ALL PRIZES MUST BE ORDERED ONLINE

Please contact your school's coordinator if this isn't possible.

Prizes MUST be ordered between the ***30th October*** and ***8th November*** Simply visit schoolfunrun.com.au to create / log into your Profile Page between these dates. Then click on the 'CLAIM YOUR PRIZE' button and follow the prompts. If you have any questions, please contact the *School Fun Run* team on 1800 FUN RUN and they will gladly assist!

Yours sincerely,

Heath Yasunaga (Physical Education Coordinator)

أعزائي أولياء الأمور ومقدي الرعاية والعائلات

تجديد المراحل لعام 2024

سوف نتقدم بطلب للحصول على صندوق ترقية المدارس الحكومية الأسترالية لعام 2024 لتجديد مراحل الفتيات والفتيان والموظفين لدينا. جاء مهندس معماري للمدرسة الأسبوع الماضي لتقديم نطاق من الأعمال والتكلفة. نأمل أن نتجح ونبقىك على علم بالتقدم الذي أحرزناه.



سيتم توزيع الكتاب السنوي لـ MHPS لعام 2023 على العائلات في اجتماعات أولياء الأمور والمعلمين - احفظ التاريخ - الثلاثاء 19 كانون الأول.

يرجى حجز موعد على Compass .

هيئة صيد الأسماك الفيكتورية – مجموعات الصيد الصغير

تستثمر حكومة فيكتوريا مبلغ 1.5 مليون دولار من الصندوق الائتماني لترخيص الصيد الترفيهي لتوفير ما يصل إلى 95000 مجموعة أدوات صيد السمك الصغيرة للأطفال في سن المدرسة الابتدائية في فيكتوريا. توفر المجموعات المجانية نشاطًا رائعًا أثناء العطلة المدرسية للأطفال مع عائلاتهم وتساعد في تخفيف تكاليف المعيشة، مما يوفر نشاطًا ممتعًا بالقرب من المنزل.

سيتم منح طلاب الصف الخامس في جميع المدارس في ولاية فيكتوريا، بما في ذلك مدرستنا، فرصة الحصول على مجموعة Little Angler Kit مجانًا. تم اختيار طلاب الصف الخامس بناءً على تركيز المنهج الفيكتوري، وتنمية الحركة، واعتبارات السلامة.

البرنامج طوعي تمامًا. تم تزويد المدارس بخيار إلغاء الاشتراك في البرنامج. اختارت مدرستنا البقاء في البرنامج حتى يتمكن الآباء من تحديد ما إذا كانوا يريدون أن يحصل أطفالهم على مجموعة أدوات صيد مجانية.

يمكن لأولياء أمور طلاب الصف الخامس إبلاغ المدرسة إذا كانوا لا يرغبون في مشاركة أطفالهم لأي سبب من الأسباب. نحن ندعم أولياء الأمور في اتخاذ القرارات التي تتماشى مع قيمهم ومعتقداتهم العائلية.

ستقوم المدرسة بتوزيع المجموعة على أطفال الصف الخامس في اجتماع أولياء الأمور والمعلمين في 19 كانون الأول، بحيث يحصل الأطفال المشاركون على المجموعة في الوقت المناسب لقضاء العطلة المدرسية الصيفية.

تشتمل المجموعات على عصا صيد، وبكرة مع خيط، وعلبة، وبعض الأدوات ومعلومات حول كيفية استخدامها لصيد الأسماك. يرجى ملاحظة أن علبة الأدوات تحتوي على خطافات صيد. سيتم تغليف علبة الأدوات بالورق المقوى ووضعها داخل جيب داخل حقيبة أدوات الصيد، والتي سيتم إغلاقها برباط كابل لثني الطلاب عن فتح أدواتهم حتى يكونوا مع أحد الوالدين أو مقدم الرعاية.

ستقوم هيئة صيد الأسماك الفيكتورية بإنشاء مركز Little Angler على موقعها الإلكتروني، والذي سيكون مباشرًا عندما يبدأ توزيع المجموعات. سيكون به معلومات مفيدة ومقاطع فيديو تعليمية وموارد عبر الإنترنت حول مكان وكيفية صيد الأسماك المرتبطة بالموارد الموجودة من Fishcare والموارد الجديدة التي سيتم إنتاجها فقط لبرنامج Little Angler Kits .

تهدف هذه المبادرة إلى زيادة المشاركة في الصيد الترفيهي في فيكتوريا من خلال تشجيع الأطفال في سن المدرسة الابتدائية على تعلم كيفية صيد الأسماك، بالإضافة إلى تعلم المزيد عن الحياة البحرية والبيئة الطبيعية.

مع تحياتي
السيدة ليتش
مديرة المدرسة