# MEADOW HEIGHTS PRIMARY SCHOOL

NEWSLETTER



29 MAY 2023 Week 6



We respectfully acknowledge the Traditional Owners of country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.



Principal, Margaret Leach

#### **Dear Parents and Carers**

#### **TEACHING TEAM NEWSLETTERS**

We hope you have enjoyed your child's grade newsletter that has been to you sent through COMPASS over the past week. The Teaching Team newsletter gives an overview of the learning and activities occurring in your child's class over the term.

#### **SCHOOL STARTING TIME**

Just a reminder that school starting time for our children is 8:50am. This gives ten minutes for children to get organised for learning to commence at 9:00am. If your child arrives after 9:00am we ask for you to take your child to the office to get a late pass.

If your child is not going to attend school for the day, please add a note to COMPASS before 9:30am. If we do not have an attendance note by that time, you will receive an SMS to inform you that your child is not at school. If you receive a notification, please contact the school, and inform us why your child is absent. This will ensure we know your child is safe. Thank you in advance.

#### WINTER

The days are getting colder, the skies are grey, and it rains more often. Please provide your child with a warm windcheater, jacket, and hat for cold days.

#### **SCHOOL PHOTOS**

This Wednesday the 31st of May we will be having our School Photos Day. We look forward to seeing your child/ren fresh and bright ready for the photos.

#### **PARENT TEACHER INTERVIEWS**

Parent Teacher Interviews will occur onsite in your child's classroom on **WEDNESDAY 21**<sup>st</sup> **JUNE**. If you have not booked an interview on COMPASS, please contact your child's classroom teacher as soon as possible.

Warm regards

Mrs Margaret LEACH School Principal

# **IMPORTANT DATES**

DAY MAY 2023	DATE	<u>ACTIVITY</u>		
Wednesday 31		Whole School Photos Day - 9am sharp (see flyer below)		
JUNE 2023				
Friday	2	Grades 3 to 6 F2F Assembly – Media Centre		
Tuesday	6	Parenting in the Digital World, Parent Info Session, 2.30pm - Media Centre		
Monday	12	Public Holiday – NO SCHOOL		
Friday	23	Last Day of Term II – Bell rings 2.30pm		
JULY 2023				
Monday	10	Term III commences – 8.50am		
Friday	14	Preps to Grade 2 F2F Assembly - Media Centre		



#### **HAVE YOU CHANGED YOUR DETAILS?**

Please immediately notify the School Office of any changes to your address or contact details. Please update your email address for COMPASS information.

# **Office Hours**

Monday—Friday 8:30am to 4:00pm

Last day of each Term the office will close at 2:30pm The office is CLOSED during all school holiday periods















Some Tips from the MHPS Wellbeing Team

Meadow Heights Primary Wellbeing News School is a School Wide Wellbeing News

Positive Behaviour Support (SWPBS) school. We ask students to follow the school's values by being PROUD, RESPECTFUL, EXCELLENT and RESPONSIBLE.

Our term 2 Value is...

Meadow Heights PS cares about the wellbeing of our students and their families.

Here are some of the ways we provide support:

We create Behaviour
Support Plans and
Learning Support plans
for students

Speech Therapy and student counselling

schoolers

Our wellbeing team support students on a daily basis with play and learning modifications.

Food packs and emergency lunches

transition support for students and families We are a School Wide Positive Behaviour School that promotes positive, safe and supportive learning cultures.

We care!





**HUB** programs for

parents and pre-











The Wellbeing, Health and Engagement Division of the Education Department have provided the following advice.



# Stay well this winter!

Symptoms of influenza (flu) can hit very quickly and may last several weeks. Vaccination is the best way to protect yourself and others from getting the flu.

<u>Annual influenza vaccination</u> is recommended from mid-April each year and is free under the <u>National Immunisation Program</u> for those at higher risk of complications from the flu.

#### Keeping our school community well

Parents, carers, and students are encouraged to practice prevention measures, including:

- washing and sanitising hands regularly
- avoiding touching eyes, nose, and mouth with unwashed hands
- · covering nose and mouth when coughing or sneezing
- staying home if unwell and consulting a general practitioner (GP) or <u>Nurse-on-call</u> as required
- staying up to date with flu and COVID-19 vaccinations.

#### Flu vaccinations

Flu vaccinations can be booked through GPs and pharmacies, many of which can also provide COVID-19 vaccinations. Flu vaccination is recommended for everyone aged 6 months and over. Some people are more at risk of complications from flu and are eligible for free vaccination as part of the <u>National Immunisation Program</u>.

#### COVID-19 booster

The 2023 COVID-19 booster dose is available for everyone aged 18 and above. Getting your booster dose remains the best way to prevent severe illness or hospitalisation, especially in people aged over 65 and those at higher risk of severe illness. You can have your booster dose 6 months after your last dose or COVID infection.

Children aged between 5 and 17 years who are at risk of severe illness can also receive a 2023 booster dose.

You can get your next dose at your local pharmacy or GP. To find one near you, refer to the <u>vaccine clinic finder</u>.

#### Find out more

For more information about preventing flu, and immunisation, refer to:

- Better Health Channel influenza flu immunisation fact sheet
- Getting vaccinated against influenza.









# Prep bags 2023 survey



Have your say about this year's Prep bags in a short survey, closing Sunday 9 July

Each year, the Department of Education gives every Prep student attending a Victorian government school a bag full of goodies to celebrate this milestone in their education journey. The information and educational resources in the bags are designed to help Prep students and their families thrive from the start of Term 1.

The department is inviting parents and carers of current Prep students to participate in a short survey about the 2023 Prep bags, by 5 pm on Sunday 9 July 2023.

Your feedback will help the department learn what families liked about the Prep bags and what can be improved in 2024.

You can have your say at 2023 Prep Bags – Evaluation Survey.

The survey takes 5 to 10 minutes to complete, and responses are anonymous.

For more information on this year's Prep bags, refer to Prep bags.

# **PARENTS & CARERS**

# You are invited...

PARENT INFORMATION SESSION Parenting in the Digital World





✓ JUNE 6 ( ) 02:30PM



MEDIA CENTRE, MHPS

#### This session will cover:

- How to keep your child safe online
- · Resources available to support you with this
- . What to do when things go wrong
- The latest trends, risks and social media

TURKISH AND ARABIC INTERPRETERS WILL BE PRESENT ON THE DAY









#### Starting the Day off Right - Arrive on Time!

Well done to families in the Year 3/4 and Yr 5/6 teams who have significantly reduced the number of late students over the last two weeks. Congratulations! Keep up the good work by showing our school value of *RESPONSIBILITY*.

Unfortunately, the late arrivals in our Year 1 team grew by 22 this week

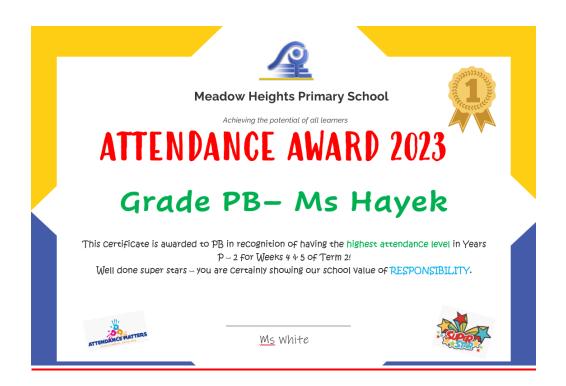
Below is the number of students who arrived late during Week 5 – we had 147 students in total who were late. This was an improvement of two students from Week 3. Let's see if we can improve on this number for week 6!

#### **Week 3 Late Arrivals**

	Prep	Yr 1	Yr 2	Yr 3/4	Yr 5/6	Total
Monday	7	9	7	8	8	36
Tuesday	5	7	3	9	10	31
Wednesday	3	6	2	7	5	22
Thursday	7	9	1	6	4	30
Friday	3	7	6	6	13	28
TOTAL	27 1	38 4 22	19  1	36 9	27 13	147   2

#### **Stacey White**

Assistant Principal – Teaching & Learning (Acting)



# **!!! LAST DAY BEFORE PHOTO DAY !!!**



# 2023 Photo Day Online and Envelope Order Instructions

Dear Parents and Students,

#### Meadow Heights Primary School PHOTO DAY IS 31-05-2023

School photo order envelopes have been or will be distributed to every student and it is important that the order instructions (below) are followed.

\*\* IMPORTANT PLEASE NOTE - ONLINE ORDERING FOR SIBLING PHOTOS WILL CUT OFF ON 30-05-2023 \*\*

ONLINE ORDERING Your child's school photos are now available for secure online purchase, please note if you are ordering online, you do not need to return an envelope to the school 4 EASY STEPS TO ONLINE SCHOOL PHOTO ORDERING

- Step 1: Click Here For online ordering process for your school.
- OR Go to www.advancedlife.com.au before photo day and enter your school code [3CA APA ZHY]
- Step 2: Enter your student's details
- Step 3: Choose the package that best suits your needs (all orders will be returned to the school for collection)
- Step 4: Pay for the photos via the shopping cart (upper right corner of the page)
- \*\*Online Orders have a 1.5% merchant fee applied when using Visa, Mastercard or PayPal.

Please Note: If you miss photo day, portrait and group packages can still be ordered online for 7 days afterwards with no late fees. After that time, late orders will require separate processing and handling and therefore will incur a \$15 late fee per package.

## FAMILY / SIBLING PHOTOS No envelope required if ordering online

- 3 EASY STEPS TO ONLINE SCHOOL PHOTO ORDERING
  - Go to www.advancedlife.com.au before photo day and enter your school code [3CA APA ZHY]
  - Family/Sibling photo orders online close on 30-05-2023
  - Orders can be placed by returning an envelope up until photo day with exact cash amount.

#### ORDERING USING AN ENVELOPE

#### ENVELOPES WILL BE HANDED TO EACH CHILD, PLEASE SEE THE SCHOOL OFFICE IF YOU HAVE NOT RECEIVED ONE

- Step 1: Student Details: Complete the student details section on the front of the order envelope.
- Please use black or blue pen.
- Step 2: Purchase Details: Complete the purchase details on the front of the envelope.
- Step 3: Payment Method: Select your payment method.
- Credit Card Online Only at www.advancedlife.com.au
- Cash Please enclose correct money as change is not available

Please Note: A portrait and a class group photograph will be taken of every student at the school, regardless of purchase. Photographs of your children taken as part of a class group are only permitted to be distributed within their own class. Your child's name will appear on the class group photo. If you Do Not wish your child to be photographed, please contact your school office with your instructions prior to Photo Day.

Please feel free to contact us via email or phone should you have any queries regarding your child's school photo order. info@advancedlifevic.com.au or 03 9852 1133

Advancedlife Team

#### Sayın Veliler be Bakım Sağlayıcılar,

#### ÖĞRETİM EKİBİ BÜLTENLERİ

Çocuğunuzun geçen hafta COMPASS aracılığıyla size göndermiş olduğu not bültenini umarız beğenmişsinizdir. Öğretim Ekibi haber bülteni, dönem boyunca çocuğunuzun sınıfında meydana gelen öğrenme ve etkinliklere genel bir bakış sunar.

#### OKUL BAŞLAMA ZAMANI

Çocuklarımız için okul başlangıç saatinin sabah 8:50 olduğunu hatırlatmak isteriz. Bu, çocuklara sabah 9:00'da başlayacak öğrenim

için organize olmaları için on dakika verir. Çocuğunuz sabah 9:00'dan sonra gelirse, geç geçiş kartı almak için çocuğunuzu ofise götürmenizi rica ederiz.

Çocuğunuz o gün okula gelmeyecekse lütfen saat 9:30'dan önce COMPASS Uygulamasından bir not ekleyiniz. O zamana kadar yoklama notumuz olmazsa, çocuğunuzun okula gitmediğini size bildiren bir SMS alacaksınız. Bir bildirim alırsanız, lütfen okulla iletişime geçin ve çocuğun neden devamsız olduğunu bize bildirin. Bu, çocuğunuzun güvende olduğunu bilmemizi sağlayacaktır. Şimdiden teşekkür ederim.

#### KIŞ

Günler soğuyor, gökyüzü gri ve daha sık yağmur yağıyor. Lütfen çocuğunuza soğuk günler için sıcak bir rüzgarlık, ceket ve şapka sağlayın.

#### OKUL FOTOĞRAFLARI

31 Mayıs Çarşamba günü Okul Fotoğrafları Günümüzü gerçekleştireceğiz. Çocuğunuzu/çocuklarınızı fotoğraflar için taze ve pırıl pırıl görmeyi dört gözle bekliyoruz.

## VELİ ÖĞRETMEN GÖRÜŞMELERİ

Veli-Öğretmen Görüşmeleri **21 HAZİRAN ÇARŞAMBA** günü çocuğunuzun sınıfında yapılacaktır. COMPASS'ta bir görüşme rezervasyonu yapmadıysanız, lütfen mümkün olan en kısa sürede çocuğunuzun sınıf öğretmeniyle iletişime geçin.

**Mrs Margaret LEACH** 

Okul Müdürü

Eğitim Bakanlığının Refah, Sağlık ve Katılım Bölümü aşağıdaki tavsiyelerde bulunmuştur.

#### Bu kış sağlıklı kalın

İnfluenza (grip) belirtileri çok hızlı ortaya çıkabilir ve birkaç hafta sürebilir. Aşı, kendinizi ve başkalarını gripten korumanın en iyi yoludur.

Yıllık grip aşısı, her yıl Nisan ortasından itibaren tavsiye edilir ve grip komplikasyonları açısından daha yüksek risk taşıyanlar için Ulusal Bağışıklama Programı kapsamında ücretsizdir.

https://www.health.gov.au/resources/publications/fighting-flu-starts-with-you-consumer-fact-sheet?language=en

https://www.health.gov.au/topics/immunisation/vaccines/influenza-flu-vaccine

#### Okul topluluğumuzu sağlıklı tutmak

Ebeveynler, bakıcılar ve öğrenciler, aşağıdakiler de dahil olmak üzere önleyici tedbirleri uygulamaya teşvik edilir:

- elleri düzenli olarak yıkamak ve dezenfekte etmek
- yıkanmamış ellerle gözlere, buruna ve ağza dokunmaktan kaçınmak
- öksürürken veya hapşırırken ağzı ve burnu kapatmak
- hasta ise, evde kalmak ve gerektiğinde bir pratisyen hekime (GP) veya Nöbetçi
   Hemşireye danışmak <a href="https://www.health.vic.gov.au/primary-care/nurse-on-call">https://www.health.vic.gov.au/primary-care/nurse-on-call</a>
- grip ve COVID-19 aşıları ile güncel kalmak.

#### Grip Aşıları

Grip aşıları, çoğu COVID-19 aşısı da sağlayabilen pratisyen hekimler ve eczaneler aracılığıyla rezerve edilebilir. Grip aşısı 6 ay ve üzeri herkese tavsiye edilir.

Bazı insanlar gripten kaynaklanan komplikasyonlar açısından daha fazla risk altındadır ve Ulusal Bağışıklama Programının bir parçası olarak ücretsiz aşı olma hakkına sahiptir.

https://www.health.gov.au/our-work/national-immunisation-program

#### COVID-19 güçlendirici doz

2023 COVID-19 takviye dozu, 18 yaş ve üstü herkes için mevcuttur.

Takviye dozunuzu almak, özellikle 65 yaş üstü kişilerde ve ciddi hastalık riski daha yüksek olan kişilerde ciddi hastalığı veya hastaneye yatmayı önlemenin en iyi yolu olmaya devam etmektedir.

Takviye dozunuzu son dozunuzdan veya COVID enfeksiyonundan 6 ay sonra alabilirsiniz.

Ağır hastalık riski taşıyan 5 ila 17 yaş arası çocuklar da 2023 takviye dozu alabilirler.

Bir sonraki dozunuzu yerel eczanenizden veya aile hekiminizden alabilirsiniz. Yakınınızda bir tane bulmak için: <a href="https://covid-vaccine.healthdirect.gov.au/booking/">https://covid-vaccine.healthdirect.gov.au/booking/</a>

#### Daha fazla:

Gripten korunma ve bağışıklama hakkında daha fazla bilgi için, bakınız:

- Better Health Channel grip grip aşısı bilgi sayfası <a href="https://www.betterhealth.vic.gov.au/health/healthyliving/flu-influenza-immunisation">https://www.betterhealth.vic.gov.au/health/healthyliving/flu-influenza-immunisation</a>
- Grip aşısı olmak <a href="https://www.health.gov.au/resources/collections/getting-vaccinated-against-influenza-resource-collection#-information-for-consumers">https://www.health.gov.au/resources/collections/getting-vaccinated-against-influenza-resource-collection#-information-for-consumers</a>



#### Hazırlık çantaları 2023 anketi

9 Temmuz Pazar günü sona erecek olan kısa bir anketle bu yılın Hazırlık çantalarıyla ilgili görüşlerinizi belirti.

Her yıl Eğitim Bakanlığı, Victoria devlet okuluna giden her Hazırlık öğrencisine, eğitim yolculuklarındaki başlangıçı kutlamak için bir çanta dolusu eşya verir. Çantalardaki bilgi ve eğitim kaynakları, Hazırlık öğrencilerinin ve ailelerinin 1. dönemin başından itibaren gelişmelerine yardımcı olmak için tasarlanmıştır.

Eğitim Bakanlığı, mevcut Hazırlık öğrencilerinin velilerini ve bakım sağlayacılarının, 9 Temmuz 2023 Pazar günü saat 17:00'ye kadar 2023 Hazırlık çantalarıyla ilgili kısa bir ankete katılmasına davet ediyor.

Geri bildiriminiz, Eğitim Bakanlığının ailelerin Hazırlık çantalarında neyi beğendiğini ve 2024'te nelerin iyileştirilebileceğini öğrenmesine yardımcı olacaktır.

Değerlendirme Anketinde söz sahibi olabilirsiniz -

https://www.surveymonkey.com/r/2023PrepBags-Families

Anketin tamamlanması 5 ila 10 dakika sürer ve yanıtlar anonimdir.

Bu yılın Hazırlık çantalarıyla ilgili daha fazla bilgi için, Hazırlık çantalarına bakın - <a href="https://www.vic.gov.au/prep-bags">https://www.vic.gov.au/prep-bags</a>