Meadow Heights Primary School

NEWSLETTER



28 March 2024 Week 9



We respectfully acknowledge the Traditional Owners of country throughout Victoria and pay respect to the ongoing living cultures of First Peoples



Principal, Margaret Leach

Dear Parents and Carers

It is lovely to be back at Meadow Heights Primary School. During this time Mrs Sharon Peluso and Mrs Amy Backas were Acting Principals, and Ms Stacey White was Acting Assistant Principal. I would like to thank them for the great job they did in my absence. It was business as usual and the staff, students and parents were a great support.

CONTACTING YOUR CHILD'S TEACHER

Thank you to parents who drop off their children by 8:50am in the morning and promptly collect them in the afternoon. If you wish to speak to the teacher, ring the office and organise a time. Teachers value these conversations but can find it difficult to give sufficient time in the morning as the children are getting ready for learning or getting ready for pick up in the afternoon.

If you have a concern, please make an appointment to discuss this with your child's teacher. Also, we can aim to arrange an interpreter if required.

STAY SAFE AROUND WATER

We know many families head away during the school holidays to locations near water, including lakes, rivers and beaches.

To help families stay safe around water these school holidays, please refer to the following water safety resources:

- Surf Life Saving Australia's <u>Beachsafe website</u> where you can view a location and the closest patrolled beaches (available in 132 languages click on the 'Select language' tab). This information is also available in an app which you can download from the Beachsafe website. The app includes videos with tips for visiting Australian beaches, in 8 languages: English, Arabic, Hindi, Korean, Japanese, Malay, Traditional Chinese and Simplified Chinese.
- Vic Emergency's <u>Get to know our warning signs</u> website, including posters translated into Arabic, Dari, Vietnamese, Simplified Chinese and Traditional Chinese.
- Life Saving Victoria's Water safety tips.

5 & 6 DOXA CITY CAMP

What a joy it is to see the photos of the children participating in activities during their city camp. The students attended the Eureka Sky deck, ACMI @Federation Square, Swimming at WipeOUT, Sealife Aquarium just to name a few. We look forward to hearing about their adventures.

SCHOOL STARTS AT 8:50AM IN THE MORNING

This gives time for the children to organise themselves for learning so the lesson can commence at 9:00am. Thank you for making the effort to get them here on time.

ANNUAL REPORT TO THE COMMUNITY

This report has also been completed and will be presented to School Council and the school community at the Annual General Meeting on Tuesday 23rd April at 5:30pm. It will beheld in person at Meadow Heights Primary School. If you wish to attend please contact the office.

At the meeting we will share the year's achievements and progress including reflecting on the school's performance and explaining the impact of school improvement efforts on student outcomes.

DAY LIGHT SAVING



Just friendly reminder that clocks go back one hour on Sunday the 7th of April.

I wish everyone a relaxing holiday break. It will be a special break with celebrations for Bayram and Easter.



7 Apr Back 1 hour

School resumes Monday the 15th of April at 8:50am.

Your sincerely

Mrs Margaret Leach School Principal







LIBRARY

Parents/Caregivers, here is the Library timetable for your children to assist you in ensuring that they return their Library books on time each week!

2024 LIBRARY TIMETABLE for Term 1

PREPs A and B		Monday
PREP C		Wednesday
1A	Ms Marks	Wednesday
1B	Ms O'Connell	Monday
1C	Ms PENNINI	Wednesday
2A	Ms Pirro	Tuesday
2 B	Ms Isdar	Tuesday
2C	Mr LaMattina	Wednesday
34A	Mr Torchia	Thursday
34B	Mrs Bell	Thursday
34C	Mrs Durna	TBC
34D	Ms Delaney	Tuesday
56A	Ms Caruso	Monday
56B	Mr Pace	Tuesday
56C	Mr Knox	Tuesday
56D	Ms Lang	Monday



IMPORTANT DATES

DAY DATE

ACTIVITY

THURSDAY 22 FEB TO THURSDAY 4TH APRIL – FOOTPATH WORKS

MARCH 2024

Thursday 28th 2.30pm pick up - LAST DAY OF TERM I





APRIL 2024

Monday 15th 8.50am SCHOOL RESTARTS TERM II



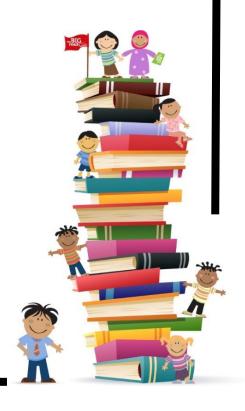
HAVE YOU CHANGED YOUR DETAILS?

Please immediately notify the School Office of any changes to your address or contact details. Please update your email address for COMPASS information.

Office Hours

Monday—Friday 8:30am to 4:00pm

The office is CLOSED during all school holiday periods















Some Tips from the MHPS Wellbeing Team



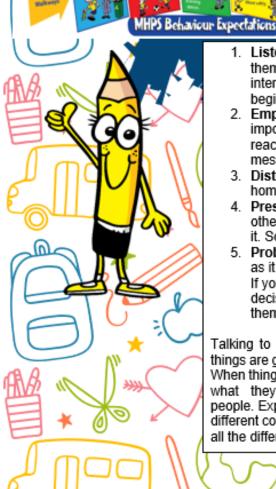
Children often experience difficulties making or maintaining friendships.

What can you do if your child comes home from school complaining that his/her friends don't like them anymore or were mean to them?



- Listen without judging or fixing. Sit with your child and give them your complete attention. Just listen quietly without interrupting until they have told you the whole story, from beginning to end.
- Empower instead of catastrophising. How you respond is important. Your child will be looking very carefully for your reaction, so show them that you believe in them. Send the message that you think they can handle this.
- Distract. Don't let them dwell on things. Maintain your normal home routine.
- Press pause. The temptation might be to call the parents of the other children or rush down to the school. Wait. Stop and sleep on it. Sometimes this can actually make things worse.
- 5. Problem solve together when everyone is calm. As tempting as it will be to tell your child how to handle the situation, try not to. If you want them to grow into an adult who can make good decisions and act instead of purely reacting, you have to allow them to practise. So guide, but don't take over.

Talking to your kids about friendship is really important, not just when things are going badly. Teach kids to recognise what makes a good friend. When things are going well ask them what they like about their friends and what they like about themselves when they are around those people. Expose them to a large variety of potential friends in lots of different contexts. And encourage them to have a lot of different friends for all the different aspects of their lives.



IMPORTANT NOTICE

!!PARENTS / CAREGIVERS!!

FOOTPATH WORKS OPPOSITE SCHOOL

The Hume Council will continue replacing the concrete on Paringa Blvd, opposite the school. Please follow signs and directions put in place to ensure families are able to get to the school crossing. For the safety of our families, please be safe.

Over the school holidays, the council will replace the concrete out the front of the school.

Thank you.

Dear Parents,

Cyprus Turkish Islamic Community of Victoria welcomes everyone to join this special festival.

Sayın Veliler,

Viktorya Kıbrıs İslam Cemiyeti sizleri bu özel festivale katılmaya davet ediyor.







SWIM SCHOOL INTENSIVE PROGRAM

For all ages 3 years and above

This five day instensive program is a wonderful way to fast track your child's development and provide a healthy, structured activity for them during the school holidays.

Enquire at reception today or see QR code for more details

humeleisure.vic.gov.au











FRIDAY 29 MARCH IOAM - 5PM

MELBOURNE CONVENTION AND EXHIBITION CENTRE

Melbourne's Favourite Family Fun Day!





OPEN NIGHT

Thursday 18 April 2024

Information sessions commencing at 5.00pm & 6.30pm

Bookings required for our Open Night and Regular Tours. Visit our website for more details.

2 Glencairn Drive, Greenvale VIC 3059

P +61 3 8393 0000 www.greenvalesc.vic.edu.au















The Coles Healthy Kicks Holiday Program is a full day of fun and educational activities designed to keep all participants moving and engaged!

For ages 5-12. Delivered by trained AFL staff. BYO lunch – healthy snacks will be provided throughout the day.





Join the fun at **Essensdon FC**

Date: Wednesday 3rd April

Time: 9:00am - 3:00pm

Venue: The Hangar, Essendon Football Club, 32 Watson Drive, Melbourne Airport

Cost: \$50







Scan/click to sign upl



Contact schools@afl.com.au with any questions