



We respectfully acknowledge the Traditional Owners of country throughout Victoria and pay respect to the ongoing living cultures of First Peoples



Dear Parents, Carers and Students,



Parking

A reminder that Hume City Council will be carrying out footpath improvement works from Thursday 22nd February until Thursday 4th April. The work will have an impact on school pick up and drop offs and will affect parking availability. We encourage you to park across the road from the school at the shopping centre and walk across using the school crossing during this time.

Meet the Teacher Meetings

We are looking forward to catching up with parents on Monday at Meet the Teacher meetings. You will need to make a booking with your child's teacher through COMPASS. Students do not attend normal classes on this day but we encourage you to bring them to your meeting. Teachers are eager to find out more about the students in their care.

JSC

Our Junior School Council is up and running again. Students from grades 1 to 6 meet regularly with Mr Ivan and are provided with the opportunity to have a voice in what is happening at school, promote school values at assembly and help organise special events. We can't wait to see their work in 2024.

WSFs

It's not just students who are learners at MHPS, staff do a great deal of professional learning as well. At our Whole School Forums (WSFs) we have already had sessions around School Wide Positive Behaviour, Literacy and Mathematics. Some of our staff are also undertaking courses through La Trobe University on a weekly basis.

Our Preps

Preps commenced full days of schooling this week. Prep parents should expect some very tired children by the end of the day. Remember early bedtimes to ensure they get enough sleep at night. This applies to all of our students to ensure they are ready for learning each day. You can find more information about sleep times on our wellbeing page in this week's newsletter.

Gym Air Conditioning

Mr Yasunaga is very excited to see our new air conditioners installed on the roof of the gym. This came about because of the Colour Fun Run he organised in term 4 last year.

What a fantastic school community effort in raising funds to enable this to happen for our students. It will make a huge difference to their ability to continue PE on days of very hot weather. Fantastic effort everyone!

5/6 camp

The 5/6 camp will be held in the last week of term. Students will be spending two nights in the city at one of the Doga camps and will be visiting ACMI at Federation Square, Eureka Skydeck, the Aquarium and Old Melbourne Gaol. I know they will return with many experiences to share and thank everyone involved in their organisation to ensure this is possible for our students.



FOOTPATH WORKS

Please be aware that the Hume City Council will be doing footpath and/or kerb & channel improvement works around this area from **THURSDAY 22ND FEB through to THURSDAY 4TH APRIL** during the hours of **7am - 4pm on Monday - Saturday**.

This may cause some disruption on your commute to school. We suggest allowing some extra time to get to school during this period. We also remind families that you can park across the road at the shopping centre and walk across via the school crossing.

Thank you for your patience during this time.

IMPORTANT DATES

DAY	DATE	ACTIVITY
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THURSDAY 22 FEB TO THURSDAY 4TH APRIL – FOOTPATH WORKS

FEBRUARY 2024

Monday	26 th	Meet the Teacher – NO SCHOOL
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Tuesday	27 th	Grade 2 RACV Safety Programme Incursion
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Tuesday	27 th	Grades 5/6 Circus Challenge Incursion
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MARCH 2024

Friday	1 st	Interschool Sports – Home match
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Friday	8 th	Interschool Sports Away – Roxburgh Homestead
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Monday	11 th	LABOUR DAY – NO SCHOOL
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Tuesday	12 th	Grades 5/6 First Aid in Schools Incursion
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Tuesday 26th to Thursday 28th Grades 5/6 Doxa City Camp

Wednesday	20 th	Grade 1 Mind & Body Incursion
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Thursday	28 th	2.30pm pick up - LAST DAY OF TERM I
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APRIL 2024

Monday	15 th	8.50am SCHOOL RESTARTS TERM II
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HAVE YOU CHANGED YOUR DETAILS?

Please immediately notify the School Office of any changes to your address or contact details. Please update your email address for COMPASS information.

Office Hours

Monday—Friday

8:30am to 4:00pm

The office is CLOSED during all school holiday periods







WELLBEING



MHPS Behaviour Expectations

Does Your Child Get Enough Sleep?

All children need sleep for growth, learning and development. Getting enough sleep is vital for your child's physical health, brain function, emotional wellbeing, safety, and ability to function day to day. Having a good night's sleep can help your child be happier, helps them to concentrate and remember things, and improves their behaviour.

Not having enough sleep or not sleeping well can affect how children learn and lead to mood swings, poor growth and behavioural problems.

How Much Sleep Do Children Need?

The amount of sleep your child needs changes as they grow. Everyone is different, but as a guide, children need the following amounts of sleep every night:

- ages 3 to 5:** 10 to 13 hours (including naps)
- ages 6 to 12:** 9 to 11 hours

This table will help you find the best bedtime for your child.

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Age	Wake-up time						
	6:00 AM	6:15 AM	6:30 AM	6:45 AM	7:00 AM	7:15 AM	7:30 AM
	Sleeping time						
5	6:45 PM	7:00 PM	7:15 PM	7:30 PM	7:30 PM	8:00 PM	8:15 PM
6	7:00 PM	7:15 PM	7:30 PM	7:30 PM	8:00 PM	8:15 PM	8:30 PM
7	7:15 PM	7:15 PM	7:30 PM	8:00 PM	8:15 PM	8:30 PM	8:45 PM
8	19:30	7:30 PM	8:00 PM	8:15 PM	8:30 PM	8:45 PM	9:00 PM
9	7:30 PM	8:00 PM	8:15 PM	8:30 PM	8:45 PM	9:00 PM	9:15 PM
10	8:00 PM	8:15 PM	8:30 PM	8:45 PM	9:00 PM	9:15 PM	9:30 PM
11	8:15 PM	8:30 PM	8:45 PM	9:00 PM	9:15 PM	9:30 PM	9:45 PM
12	8:15 PM	8:30 PM	8:45 PM	9:00 PM	9:15 PM	9:30 PM	9:45 PM





BECOME A FOSTER CARER

**BE THE SAFE HAVEN KIDS
NEED AFTER SCHOOL**

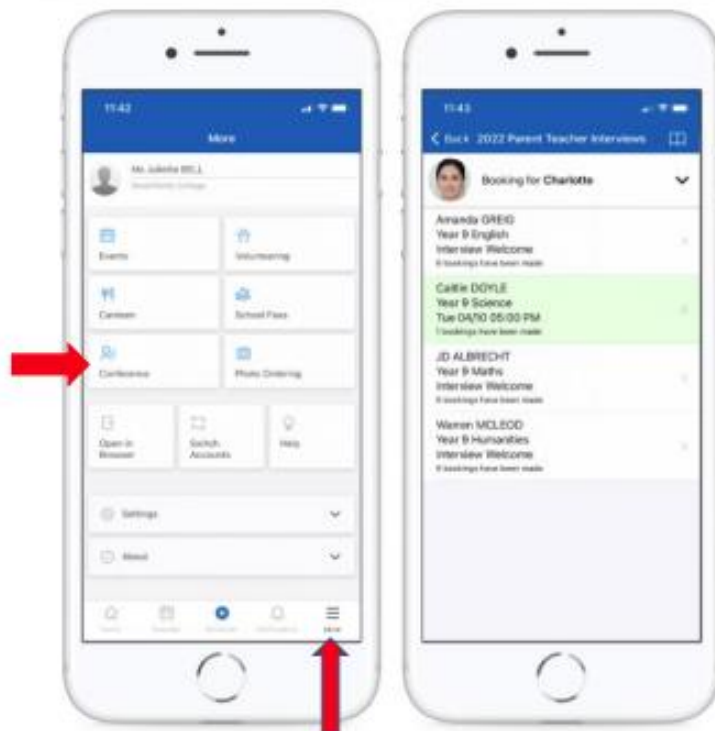
Visit our website
www.anglicarevic.org.au/fostering



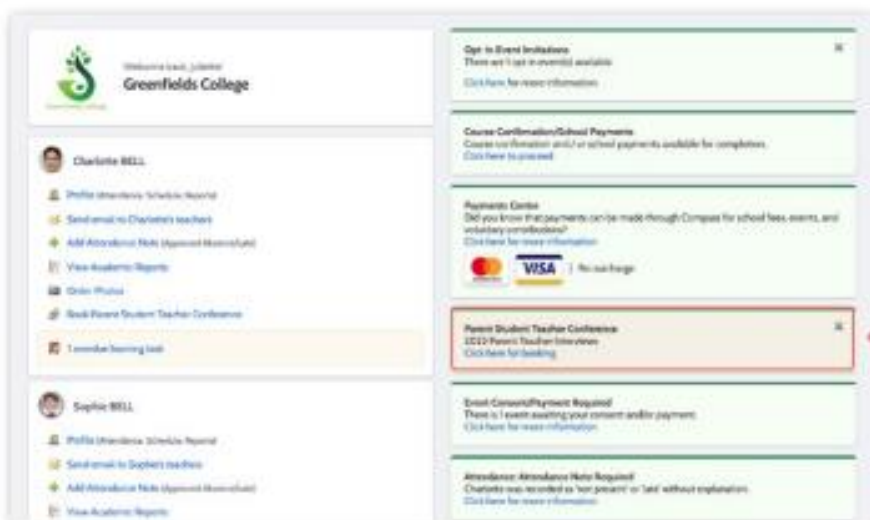
**LAST CHANCE TO BOOK FOR MEET THE TEACHER MEETING
FOR THIS MONDAY, 26 FEBRUARY**

Parent-Teacher Conferences - app

- 1 From the Compass home screen on your app, select the menu (top left) and click **Conferences**.
- 2 From the list of parent-teacher conference cycles
 - Select the relevant cycle you wish to book for
 - Select the student you wish to place a booking for
 - Select the class or interview group
 - Click on a time slot to make a booking and confirm

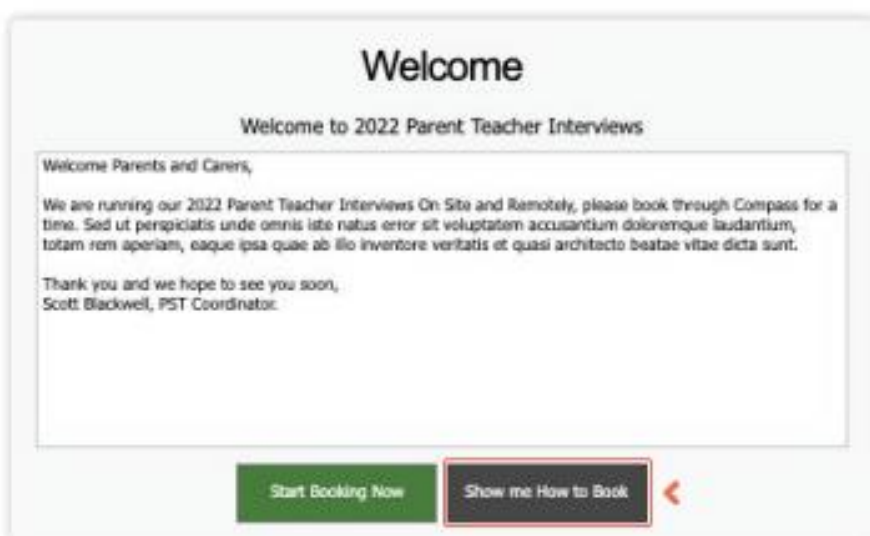


How To: Book a Teacher Conference



When a parent teacher conference cycle becomes available, an alert will appear on your dashboard prompting you to make a booking.

[Click the alert.](#)



This will take you to the conference cycle and you will see the [Welcome message](#) from the school that will include details about the conference.

Click the '[Show me how to book](#)' option for guided instructions on how to secure your conference booking.