

# MEADOW HEIGHTS PRIMARY SCHOOL

## NEWSLETTER



18 December 2023

Week 12



*We respectfully acknowledge the Traditional Owners of country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.*



Principal, Margaret Leach

### THE S.T.E.M. SHOWCASE 2023

The S.T.E.M. teachers (Ms Baldwin and Mrs Fernandez) are proud to present to you the STEM SHOWCASE for 2023 which will take place on Tuesday, December 19 from 10.30am - 3.30pm. Please make sure you visit us in Rooms 11 & 12 either before or after your meeting with your child's teacher to have a look at some of the incredible work your children have done in S.T.E.M. this year!

### 2023 – COLOUR FUN RUN @ MEADOW HEIGHTS PRIMARY SCHOOL

The children will be very excited on Monday the 11<sup>th</sup> of December to be participating in the Colour Fun Run with the parents, families, friends and community being invited. A big thank to Mr Yasunaga & all our classroom teachers, Education Support staff and everyone involved in preparing for the day. It is a team effort. The children raised over \$8000 and with expenses we have close to \$5000 to go towards the cooling system in the gym. The Colour Fun Run is a fitting way to bring our community together to celebrate the conclusion of 2023. We will be investigating quotes for a cooling system in the new year. Next year our whole school event will be the concert.





### **SCHOOL CAPTAINS & JUNIOR SCHOOL COUNCIL**

Congratulations to Mr Ivan Bromilow, our School Captains and Junior School Council for their industrious work this year. On Tuesday the 12<sup>th</sup> of December, they presented their goals and achievements to their parents and School Councillors. There was a ceremony to acknowledge and recognise their contribution to Meadow Heights Primary School. We are very proud of their achievements.

### **PARENT TEACHER CONVERSATIONS**

Parent Teacher conversations will occur on Tuesday the 19<sup>th</sup> of December. It will be a celebration of children's learning in 2023. If you have not made a time to see, your child's teacher please do so asap.

### **SCHOOL COUNCIL**

A big thank you to school council for their commitment and contribution to our school this year. I look forward to working with our school councillors in 2024.

### **Last day of term**

**Term 4 ends Wednesday, the 20<sup>th</sup> of December at 1:20pm.**

**School resumes Tuesday the 30<sup>th</sup> of January at 8:50am**

**Have a special time with your family these holidays and I look forward to seeing you in 2024!**

Regards

**Mrs LEACH**

**School Principal**

## IMPORTANT DATES

<u>DAY</u>	<u>DATE</u>	<u>ACTIVITY</u>
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### DECEMBER 2023

Tuesday	19	Parent/Teacher Meetings No school for children, however they should attend the Meeting with their parents/guardian's.
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**Wednesday 20 DECEMBER**  
**Last Day of School**  
**School Finishes at 1.20pm**

### JANUARY 2024

Tuesday	30	First Day of School 2024 – bell rings 8.50am
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### **HAVE YOU CHANGED YOUR DETAILS?**

Please immediately notify the School Office of any changes to your address or contact details. Please update your email address for COMPASS information.

## **Office Hours**

Monday—Friday  
8:30am to 4:00pm

*The office is CLOSED during all school holiday periods*







[Some Tips from the MHPs Wellbeing Team](#)

# Wellbeing News

## Wellbeing During the Holidays



**During the holiday period make sure you get outside to experience the magic!**

Thousands of studies have been carried out on the benefits of being in touch with nature; from reducing depression and anxiety to lowering blood pressure. It can even help with ADHD and autism in children.

You don't need mountains or woods to reap the benefits of the great outdoors. Find parks, green spaces or even your garden, throw on a hat and sunscreen and encourage outdoor exercise and play!

**Top Tip:** Go for long walks with the family, a friend, your dog or simply on your own. Soak up the beauty of nature and notice how much more calm you feel.



The Wellbeing team wish everyone a safe and happy holiday break. We look forward to seeing you all in 2024.



**LAST DAY OF SCHOOL**  
**WEDNESDAY 20 DECEMBER**

Dismissal time is **1.20 pm**

**PARENTS!!**  
**PLEASE MAKE SURE YOU**  
**PUT A REMINDER ON YOUR**  
**CALENDARS NOW - THANK YOU**



**FIRST DAY BACK 2024**  
**for ALL Students**  
**TUESDAY, 30 JANUARY 2024**  
**8.50am start**

**FIRST DAY BACK FOR PREPS 2024**  
**TUESDAY 30 JANUARY 2024**  
**8.50am to 1pm**



**PREPS 2024 START/FINISH**

**Monday 30 January to** (2 weeks)  
**Friday 9 February 2024** **8.50am to 1pm**

**Monday 12 February to** (1 week)  
**Friday 16 February 2024** **8.50 – 2.20pm**

**Monday 19 February** **FULL TIME**  
**8.50 – 3.20pm**





A vibrant blue poster for a STEM Showcase. At the top left, the word "STEM" is rendered in large, colorful letters (S: yellow, T: red, E: light blue, M: teal), each with a different STEM-related icon integrated into it: a beaker for Science, a rocket for Technology, a gear for Engineering, and a calculator for Mathematics. To the right of "STEM" is a green gear icon with radiating lines. Below "STEM" is the word "SHOWCASE" in large white letters, followed by "2023" in large white letters. To the right of the text is a blue robot with a red antenna and a yellow screen on its chest showing a red heartbeat line. Below the text is a yellow rounded rectangle containing the date and time: "TUES, DEC 19" and "10.30AM - 3.30PM". Below that is a white rounded rectangle containing the location: "ROOMS 11 & 12". To the right of the location box is a red Erlenmeyer flask containing red liquid. At the bottom left is a yellow starburst. In the center bottom is a white line-art robot surrounded by icons: a lightbulb, a network diagram, a speech bubble with code symbols, and a shield. At the bottom, the text "COME AND SEE THE INCREDIBLE WORK YOUR CHILDREN HAVE DONE IN S.T.E.M. THIS YEAR!!" is written in white capital letters.

**STEM**

**SHOWCASE**

**2023**

**TUES, DEC 19**  
**10.30AM - 3.30PM**

**ROOMS 11 & 12**

**COME AND SEE THE INCREDIBLE  
WORK YOUR CHILDREN HAVE DONE  
IN S.T.E.M. THIS YEAR!!**





# CONGRATULATIONS



for being **1<sup>st</sup>** in your grade level  
to return all their **Library books!**

**PREP B**

**Ms Hayek**

**GRADE 1A**

**Mrs Kovecevic**

**GRADE 2A**

**Mr La Mattina**

**GRADE 3/4**

**Mrs DURNA**



With higher UV levels from September onwards it is important to use a combination of sun-protection measures to minimise the risk of skin and eye damage and skin cancer.

From **TERM IV (2 October)** when outdoors at MHPS, it is **COMPULSORY** that staff and students wear appropriate clothing that covers as much skin as possible and a legionnaire cap to protect the head, face, neck and ears. Staff and students should also apply SPF 30+ broad spectrum sunscreen, use shade whenever possible and if practical, sunglasses should also be worn.

**Students without appropriate hats must sit in the shade in the main courtyard during their breaks.  
NO HAT! NO PLAY! NO SUN!**

MHPS appreciates your support in our efforts to encourage your child about the importance of being SunSmart. MHPS legionnaire caps can be purchased at the school office for \$8 via eftpos (no cash).



