## **MEADOW HEIGHTS PRIMARY SCHOOL**

NEWSLETTER



2 October 2023

Week 1



We respectfully acknowledge the Traditional Owners of country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.



Principal, Margaret Leach

**Dear Parents and Carers** 

Welcome to Term 4. I hope you had a relaxing break.

#### **Sunhats**

We are looking forward to spending time outside as the weather is warmer so just a friendly reminder for children to have their sun hats. The sun hat can be purchased from the office.

#### **Enrolling for 2024**

Please contact the office on 03 9305 2033 if you have a child commencing school next year or if your child is leaving the school. We are planning for next year and this information will support us in our preparations.

#### **Attendance**

Schooling is compulsory for children and young people aged from 6 to 17 years (unless an exemption from attendance or enrolment has been granted). Daily attendance is important for all children to succeed in education to:

- ensure they do not fall behind both socially and developmentally;
- develop important skills, knowledge and values that set them up for further learning and participation in their community.

#### Starting time

Just a friendly reminder that school commences at 8:50am in the morning. With the warmer weather children may want to come earlier but yard supervision, in particular the basketball courts, are not supervised by teachers before 8:50am. If students come earlier that this time, please ask them to go to the HUB for breakfast.

Please ensure students are at school by 8:50am so that they can be ready for learning which commences at 9:00am.

Looking forward to working with you this term.

Thank you again for your support and have a great week.

Kind regards

Mrs Margaret LEACH School Principal

#### **IMPORTANT DATES**

DAV	DATE	ACTIVITY
DAY OCTOBER 2023	<u>DATE</u>	ACTIVITY
Thursday	5	Grade 3/4 Excursion - Melbourne Museum
Friday	6	Preps – Grade 2 Assembly in the Hall 2.40pm
Friday	13	Grade 3 - 6 Assembly in the Hall 2.40pm
Thursday	19	Grade 5/6 - Imagineering Plus Programme
Monday – Friday	23 - 27	Dental Van Visits
Thursday	26	Grade 5/6 – Imagineering Plus Programme
NOVEMBER 20	23	
Thursday	2	Grade 5/6 – Imagineering Plus Programme
Monday	6	CURRICULUM DAY – NO SCHOOL (Staff only)
Tuesday	7	PUBLIC HOLIDAY – NO SCHOOL (Melbourne Cup Day)
Wednesday	8	Grade 2 – Toy Science Incursion
Thursday	9	Grade 5/6 – Imagineering Plus Programme



#### **HAVE YOU CHANGED YOUR DETAILS?**

Please immediately notify the School Office of any changes to your address or contact details. Please update your email address for COMPASS information.

## **Office Hours**

Monday—Friday 8:30am to 4:00pm

Last day of each Term the office will close at 2:30pm *The office is CLOSED during all school holiday periods* 















Some Tips from the MHPS Wellbeing Team

Meadow Heights Primary Behaviour Support (SWPBS) school. We ask students to follow the school's values by being PROUD, RESPECTFUL, EXCELLENT and RESPONSIBLE.

## School is a School Wide Positive Wellbeing News

We are a School Wide Positive Behaviour School (SWPBS)

At MHPS we look at functions to see why specific behaviours occur.

MHPS is a School Wide Positive behaviour School. We believe there are four functions of behaviour in children. They are sensory stimulation, escape, gaining attention, gaining rewards.

## he Functions of **Behavior**



SEAT to learn <u>WHY</u> challenging behaviors occur and how to respond most effectively

### sensory

#### Why?

These behaviors provide access to sensory stimulation. It feels good to engage in the behavior.

#### when?

Sensory behaviors occur at any time, in the presence or absence of another person

#### How to Respond:

Teach a functional replacement behavior that provides compatible sensory input.

For example If a child puts non-edible things in their mouth, provide them with access to a chew tube or sum.



#### ESCOPE

#### why?

These behaviors remove an undesired situation or person.

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#### When?

Escape behaviors occur at a time in which something is viewed as being too hard. too boring or too loud

#### How to Respond:

Teach the child to request a break when needed. Divide tasks into small parts or give within activity choices.

For example: If a child flops out of their chair during a work session, provide them with access to a break cand



## Attention

#### Why?

These behaviors provide a reaction from others. They are often described as "acting-out" behaviors.

#### when?

Attention seeking behaviors occur at a time in which the child desires a social Interaction with another person

#### How to Respond:

Teach the child to request and receive positive attention through engaging in desirable behaviors.

For example: If a child screams to gain attention, provide them with access to praise for having a quiet vioce.



## Tangible

#### Why?

These behaviors provide access to highly preferred items or activities.

#### when?

Tangble seeking behaviors occair at a time in which the child desires a specific item or activity.

#### How to Respond:

Teach the child to ask for, wait, and/or exhibit a specific behavior prior to granting access to the Item.

For example: If a child beas to use the IPad allow them access following the completion of a task or chore.



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With higher UV levels from September onwards it is important to use a combination of sunprotection measures to minimise the risk of skin and eye damage and skin cancer.

From TERM IV (2 October) when outdoors at MHPS, it is COMPULSORY that staff and students wear appropriate clothing that covers as much skin as possible and a legionnaire cap to protect the head, face, neck and ears. Staff and students should also apply SPF 30+ broad spectrum sunscreen, use shade whenever possible and if practical, sunglasses should also be worn.

Students without appropriate hats must sit in the shade in the main courtyard during their breaks. NO HAT! NO PLAY! NO SUN!

MHPS appreciates your support in our efforts to encourage your child about the importance of being SunSmart. MHPS legionnaire caps can be purchased at the school office for \$8 via eftpos (no cash).













Tennis Australia Qualified Club Professional Coaches

FREE tennis racquet & free t-shirt included with all ANZ Hot Shots term enrolments

Adult & Junior Tennis Lessons | ANZ Hot Shots | Cardio Tennis | Match Play Technique - Strategy Coaching | Private & Semi-Private Coaching



## COMMUNITY HUB

Invites you to come along and join in the fun!

For further information on any of our programs please contact Salwa Salem on 9305 2033



#### **Programs**

#### Mondays

8:20-8:50 Healthy Breakfast

9:30-11:00 English Classes (Child minding is provided)

11:00-12:00 Gardening

#### Tuesdays

8:20-8:50 Healthy Breakfast

9:30-11:00 English classes (child minding is provided)

11:00-12:00 Cooking Classes

#### Wednesdays

8:20-8:50 Healthy Breakfast

9:00- 9:30 Coffee & Chat

9:30-11:00 Play & Learn Play Group

#### Thursdays

8:20-8:50 Healthy Breakfast

9:00 - 9:30 Coffee & Chat

9:00-10:30 Talk & Play Group

#### Fridays

8:20-8:50 Healthy Breakfast

9:00-10:30 social group

9:00-11:00 Food bank Packs



# FREE WEBINAR INTEREST BASED LEARNING



There is an old adage, "what we learn with joy, we never forget". There is a wealth of research on the value of utilising the strengths and interests of our students as a central part of their education. Join us for this webinar which focuses on practical ways to utilise the interests of young people across all ages of schooling.

During the webinar, we will:

- Recognise the immense value of personal interests and natural strengths
- Understand how to authentically incorporate these interests into educational programs
- Incorporate strengths based goals into individual learning plans

There are two different session times to choose from.



7:00 PM - 8:00 PM (AEDT)

All of our webinars are free and participants that attend receive a certificate following the completion of the webinar.





# FREE WEBINAR TRANSITIONS & CHANGE (PRIMARY)



Be part of an interactive hour where you will have the opportunity to listen, share and learn with parents/carers, teachers and others who support individuals on the autism spectrum.

#### During this webinar, we will:

- consider a range of transitions and times of change
- explore the characteristics of autism and the impact they have on transitions
- reflect on how a child-centred approach can support transitions and change
- focus on a collaborative team approach to plan for successful transitions
- discuss strategies to support successful transitions and planning for change.

There are two different session times to choose from:

Tuesday 17 October 2023 12:00 PM - 1:00 PM (AEDT)

7:00 PM - 8:00 PM (AEDT)

All of our webinars are free and participants that attend receive a certificate following the completion of the webinar.



To register for this webinar and find upcoming ones, visit positivepartnerships.com.au