MEADOW HEIGHTS PRIMARY SCHOOL

NEWSLETTER



31 JULY 2023 Week 4



We respectfully acknowledge the Traditional Owners of country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.



Principal, Margaret Leach

Dear Parents, Carers and Students,



This term **our focus Value is Pride**. We encourage students to be proud of their work, their family, their culture and their school.

DVP - DIANELLA HEALTH AND PLENTY VALLEY COMMUNITY HEALTH

On Thursday our Year 5 & 6 students participated in the **DVP Health Food for thought Program** delivered by a Dietitian from DPV Health. The session aimed to

- improve nutrition and food knowledge,
- encourage children to eat from all food groups,
- encourage children to choose their own lunches and eat lunch every day. The children enjoyed learning about good nutrition and good food habits.

WATCH THIS SPACE - Mini Golf Construction

In STEM the Year 5 & 6 students with Ms Fernandez have begun working on their mini golf course project. The students have presented their proposal to School Council which included the budget necessary to construct the mini golf course and how to play responsibility. Looking forward to seeing the development of this construction.

NAPLAN REPORTS

The NAPLAN Reports have arrived and will be distributed next week.

Parents of Year 3 and 5 students will receive a COMPASS message on how the reports can be collected. A brochure will be provided with the report that will explain how to interpret the results.

PREPARING FOR 2024

We are enrolling students for next year. If you would like your child to attend MHPS next year, please contact the office on 9305 2033. Should you know that your child will not be attending MHPS next year due to you moving etc we ask that you to please let us know as soon as possible.

Have a great week.

Kind regards

Mrs Margaret LEACH School Principal

IMPORTANT DATES

	DAY	<u>DATE</u>	<u>ACTIVITY</u>
	AUGUST 2023 Friday	4	Woodlands Netball – Grades 5/6 selected students
_	Friday	4	Grades 3 – 6 Assembly in the Hall at 2.40pm
-	Wednesday	9	Grade 2 Incursion – Healthy Bodies and Minds
	Friday	11	District Athletics – Grades 3/6 selected students
	Saturday to Friday	19-25	Book Week
	Friday	25	Grades 3/4 Incursion
	Monday	28	
	Thursday	31	Preps Zoo Excursion



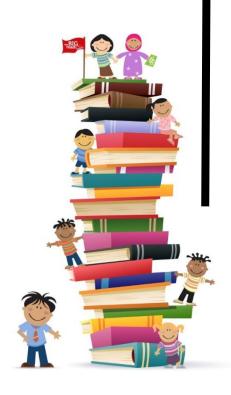
HAVE YOU CHANGED YOUR DETAILS?

Please immediately notify the School Office of any changes to your address or contact details. Please update your email address for COMPASS information.

Office Hours

Monday—Friday 8:30am to 4:00pm

Last day of each Term the office will close at 2:30pm *The office is CLOSED during all school holiday periods*















Some Tips from the MHPS Wellbeing Team

Meadow Heights Primary
School is a School Wide Positive
Behaviour Support (SWPBS)
school. We ask students to
follow the school's values by
being PROUD, RESPECTFUL,
EXCELLENT and RESPONSIBLE.

School is a School Wide Positive Behaviour Support (SWPBS) Wellbeing News

We are a School Wide Positive Behaviour School (SWPBS)

CONFLICT RESOLUTION TIPS







Get Calm First

Wait until you are calm before addressing a conflict. Take some time to cool off and breathe.

Ignore or Walk Away

This works good when dealing with something that is annoying you.



Share or Take Turns

Everyone wins!



Use an I-Message



matter.

Say how you feel, what you hope for and how you want to be treated. For example, "I felt ___when___ or "I

would like ____, or "I want ___."

Play a Game of Chance

...like Rock, Paper Scissors or Flip a Coin.





Listen with an Open Heart

Listen to the other person without interrupting or judgment. Try to put yourself in their shoes.

Find a Win-Win Solution

Brainstorm a solution or make a deal where everyone feels heard

and that their voices and needs



Ask for Help

Get help if you feel unsafe or have tried 2 or 3 of these strategies and still feel stuck.



Say Words that Mean No

Use a strong and respectful voice to say that you are not okay with something.

Apologize

Saying you are sorry when you make a mistake helps to make repairs.



Does Attendance Really Matter? 1 or 2 days doesn't seem like much but... If a child misses Which is.... The equals... And over 13 years of school that's 1 day per fortnight 20 days per year 4 weeks per year Almost 1.5 years 1 day per week 40 days per year 8 weeks per year Over 2.5 years 2 days per week 80 days per year 16 weeks per year Over 5 years 3 days per week 120 days per year 24 weeks per year Almost 8 years ...it adds up.

School Attendance - Every Day Counts

The following table gives some important information about school attendance. Sometimes, we may think a day or two a fortnight doesn't mean much...but it all adds up!

We are currently in the process of closely monitoring school attendance so that we can ensure all our students are able to reach their full potential.

Please remember that there are only two valid reasons for missing school – illness and natural disasters.

If you have any concerns about your child's attendance, or would like some supports, please do not hesitate to get in touch.

We will be contacting some families this term to find supports that we can put in place to assist with getting your child to school every day.

Kind regards

Stacey White Teaching & Learning AP (acting)



Every School Day Counts!



Congratulations Prep Classes!



Congratulations Grade 2C ... again!



Meadow Heights Primary School

Achieving the potential of all learners

ATTENDANCE AWARD 2023

Grade 2C- Ms Delaney

This certificate is awarded to 2C in recognition of having the highest attendance level in Years P-2 for Week 3 of Term 3!

Well done super stars - you are Certainly showing our school value of RESPONSIBILITY.



Sup of

BOOK WEEK 2023

Read Grow Inspire'

19th to 25th August

PICTURE BOOK of the YEAR

Category

These are the 6 books that **Grades 3-6 students** will be voting for as their favourite this year.











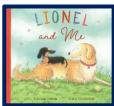


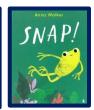
EARLY CHILDHOOD

Category

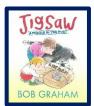
These are the 6 books that **Grades P-2 students** will be voting for as their favourite this year.













Which one was your child's favourite?



Essendon FC - Pascoe Vale & Surrounds
Auskick Centre

Cole Reserve, Pascoe Vale Monday 31st July - 4th September 4:30pm-5:30pm

\$60 for 6 weeks, a guaranteed AFLW half-time experience & awesome goodies!







أولياء الأمور ومقدمي الرعاية الأعزاء

DVP - DIANELLA HEALTH AND PLENTY VALLEY COMMUNITY HEALTH

شارك طلاب الصف الخامس والسادس يوم الخميس في برنامج DVP Health Food for Think الذي قدمه اختصاصي تغذية من DPV Health تهدف الجلسة إلى

- -تحسين التغذية والمعرفة الغذائية ،
- -تشجيع الأطفال على تناول الطعام من جميع الفئات الغذائية ،
- -تشجيع الأطفال على اختيار وجبات الغداء الخاصة بهم وتناول الغداء كل يوم. استمتع الأطفال بالتعلم عن التغذية الجيدة والعادات الغذائية الجيدة



شاهد هذا المكان - بناء ميني غولف

في الصف الخامس والسادس من العلوم والتكنولوجيا والتكنولوجيا والهندسة والرياضيات ، بدأ الطلاب مع السيدة فرنانديز العمل في مشروع ملعب الجولف المصغر الخاص بهم. قدم الطلاب اقتراحهم إلى مجلس المدرسة والذي تضمن الميزانية اللازمة لبناء ملعب الجولف المصغر وكيفية التدرب على المسؤولية. نتطلع إلى رؤية تطوير هذا الهناء

تقارير نابلان NAPLAN

وصلت تقارير NAPLAN وسيتم توزيعها الأسبوع المقبل, سيتلقى أولياء أمور طلاب السنة الثالثة والخامسة رسالة COMPASS حول كيفية جمع التقارير. سيتم تزويد كتيب مع التقرير الذي سيشرح كيفية تفسير النتائج.

التحضير لعام 2024

لقد بدأنا تسجيل الطلاب للعام المقبل. إذا كنت ترغب في أن يحضر طفلك MHPS في العام المقبل ، فيرجى الاتصال بالمكتب على 93052033 إذا كنت تعلم أن طفلك لن يحضر MHPS في العام المقبل بسبب انتقالك وما إلى ذلك ، فنحن نطلب منك إبلاغنا في أقرب وقت ممكن.

> أتمنى لكم أسبوعًا رائعًا . أطيب التحيات السيدة مارغريت ليتش مديرة المدرسة