

MEADOW HEIGHTS PRIMARY SCHOOL

NEWSLETTER



20 FEBRUARY 2023



I respectfully acknowledge the Traditional Owners of Country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.



LETTER FROM THE PRINCIPAL

Dear Families and Carers

MEET THE TEACHER MEETINGS are being held the week beginning the 20th of February

We are changing the format of our 'Meet the teacher' meetings. Teaching Teams will have an information briefing with all parents in the students' year level. This will be followed by an opportunity to have a conversation with the teacher. If you have not received your invitation please contact the office.

Year 5&6 Imagineering Plus program

Year 5&6 students will be involved once again in the Imagineering Plus program. The relationship between Hume Whittlesea LLEN and Meadow Heights Primary School is to support and inform students and parents about education pathways and transition to secondary school. This is a fully funded initiative by the government.

CAMP

Our annual year 5&6 camp will happen in the last week of term 1, Monday 3rd to Wednesday 5th April 2023. Teachers and students will be venturing off to the Phillip Island Wildlife, Surf and Fun camp. Students will be involved in a variety of activities accompanied by our teachers and qualified staff at each venue. The children are very excited about the approaching camp.

COMPASS

Invitations/notes were sent on Thursday to families to check their emails on Friday for login details to get onto COMPASS. A quick guide was also included to help parents to get started. Parent support sessions will be available through the week. **Looking forward to communicating with you on COMPASS.**

Have a great week.

Warm regards

Mrs Margaret Leach

Mrs Margaret Leach
School Principal



IMPORTANT DATES

<u>DAY</u>	<u>DATE</u>	<u>ACTIVITY</u>
Fridays	2.45 pm	Whole School Assembly Webex No 2651 312 2968
FEBRUARY 2023		
Monday 20 - Friday 24		Preps 8.50am to 2.30pm
Tuesday	21 st	Meet the Teacher Sessions Prep Team 2.30 – 3.20pm Grades 3/4 Team 4 – 5pm
Wednesday	22 nd	Meet the Teacher Sessions Grade 2 Team 3.30 – 4.30pm Grades 5/6 Team 4.45 – 5.45pm
Thursday	23 rd	Meet the Teacher Sessions Grade 1 Team 4 – 5 pm
Friday	24	Grades 5/6 selected students Interschool Sports – Roxburgh Rise PS
Monday	27 th	Preps 8.50am to 3.20pm Full time



HAVE YOU CHANGED YOUR DETAILS?

Please immediately notify the School Office of any changes to your address or contact details. Please update your email address for COMPASS information.

Office Hours

Monday—Friday
8:30am to 4:00pm

Last day of each Term the office will close at 2:30pm
The office is CLOSED during all school holiday periods





[Some Tips from the MHPS Wellbeing Team](#)

Meadow Heights Primary School is a School Wide Positive Behaviour Support (SWPBS) school. We ask students to follow the school's values by being **PROUD, RESPECTFUL, EXCELLENT** and **RESPONSIBLE**.



Our term 1 focus value.

Expected behaviours relate to each value and are outlined in our matrix. **This term our focus is on being RESPECTFUL.** Weekly awards will be presented to students who show respect at school.

Wellbeing News

Mindfulness...

Why Mindfulness?

As a parent, there will always be moments when you feel overwhelmed, guilty or anxious. That's normal. By practising mindfulness and focussing your mind on one thing at a time, it brings you to the present and removes you from any stress you may be feeling.



How?

- Touch your thumb with your first finger and say the word **CALM**
- Then touch your thumb with your second finger saying the word **BEGINS**. With the third finger say **WITH**, and with your fourth finger say **ME**.

Repeat this a few times until you feel calm.

Deep Breathing

Take time for some deep breathing. Our breath is our calming secret weapon. Stop and take 3 deep breaths – in for 6, hold for 6, out for 8.



An Aboriginal Gathering Place will offer more opportunities to engage with Aboriginal Culture, such as Dezzah-Kee and Ria had making crafts at NAIDOC Week celebrations.

Connecting, healing and belonging – our Aboriginal Gathering Place

Establishing a Gathering Place in Whittlesea has been a key priority of the local Aboriginal community for more than 20 years.

The City of Whittlesea is working collaboratively with the Whittlesea Aboriginal Gathering Place Advisory Group (WAGPAG) to progress the Aboriginal Gathering Place in Quarry Hills Regional Park, South Morang.

What is an Aboriginal Gathering Place?

An Aboriginal Gathering Place is a welcoming, inclusive and culturally safe community centre where all Aboriginal people have a sense of belonging.

Research tells us Aboriginal Gathering Places improve health and wellbeing outcomes for Aboriginal people, as well as providing a range of benefits for non-Aboriginal people.

This is because the buildings and programs are designed to foster reconciliation and healing, with access

to services that strengthen culture and enhance wellbeing. This includes opportunities for everyone to learn about, and celebrate Aboriginal culture through storytelling, knowledge-sharing, cultural events and structured programming.

The WAGPAG has contributed to the development of high-level concept plans that include meeting rooms, a large multipurpose space, kitchen, car parking as well as an outdoor gathering space.

What will an Aboriginal Gathering Place provide to the City of Whittlesea?

Aboriginal people living in the City of Whittlesea have limited access to culturally appropriate services that respond to their immediate and

long-term needs. The 2021 census saw an increase in the municipality's Aboriginal population by nearly 40 per cent. Although there are 13 Gathering Places in Victoria, there's not many in Melbourne's northern region, and the need for local services has grown along with the local population.

Through the creation of an Aboriginal Gathering Place our whole community will have an opportunity to learn about First Nations' history and culture and become a stronger, more connected and united community as a result.

How do I find out more?

Council will be engaging with Traditional Owners and the community on the programming and activities on the site in early 2023. To find out more, go to engage.whittlesea.vic.gov.au



SHARE AWARDS

GRADE 1:

Hamza Esmal from 1A Mr Torchia/Ms Kovacevik

for ALWAYS using his wonderful manners, listening to others speak, waiting patiently to speak and following the school and classroom expectations. Fantastic Hamza! 😊

Aneesa Moutapha from 1B Ms Pennini

for showing Responsibility by being a focussed listener.

Alara Deniz from 1C Ms La Motta

for using her manners, using a quiet voice in the classroom, putting up her hand and waiting to speak and being kind to her classmates.



GRADE 2:

The Class of 2A Mr La Mattina

for trying their best to use their manners. Well done 2A!

Ertugrul Kalkan from 2B Ms O'Connell

for always listening and doing his best to follow instructions in the classroom. Well done Ertugrul!

Freya Almenanza from 2C Ms Delaney/Ms Marks

for being Respectful by listening attentively to her classmates and teachers and being considerate of others. Well done Freya!

GRADE 3/4:

Nihal Al Baiati from 3/4A Ms Pirro

for being Respectful by being polite and well mannered when interacting with teachers and classmates. Thank you Nihal!

Nesreen Alfarani from 3/4B Ms Parkin

for showing lovely manners, modelling class expectations and speaking up in class.

Elif Altindal from 3/4C Mr Knox

for being Respectful by listening and setting a good learning standard in class. Well done Elif!

Aysha Ezzeddine from 3/4D Mrs Bell

for using kind, polite words, listening to the speaker and helping people in 3/4D. Thank you Aysha.

Abdolwahab Reja from 3/4E Ms Durna

for being Respectful when listening to others and following instructions in the classroom. Well done Abdol!



GRADE 5/6:

Kerim Ali from 5/6A Mr Pace

for being Respectful by demonstrating sportsmanship and kind manners when participating in numeracy games.

Ria Hippi from 5/6B Ms Lang

for being Respectful when listening to others and sharing her own thoughts and opinions. Well done Ria!

Aniaster Sabre from 5/6C Ms Isdar

for being Respectful to his teacher and peers and settling well into the term with his effort to show all school values. Well done Aniaster!

Androo Maskina from 5/6D Ms Caruso

for being Respectful by always remembering to use the school values every day and always using kind words when speaking with his peers.
Well done Androo!!

SPECIALISTS AWARDS with Ms Nerissa

Adam Sabra 5/6B

for showing initiative and positively contributing to group work during STEM lessons

Mariam Eyada 5/6C

for showing initiative and positively contributing to group work during STEM lessons

Ayah Raad 3/4B

for showing initiative and positively contributing to group work during STEM lessons

Isaak Guney PB

for showing creativity in STEM challenges and working well with his peers.

Omolara Allan Toubay PA

for showing creativity during STEM challenges and being very willing to help her peers.

Carlos Maskeena PC

for building creative structures during STEM challenges.



SPECIALISTS AWARDS with Ms Baldwin

Ertugrul Turkmen 1C

for being Respectful and caring for shared resources.

Nisa Kayikic 2C

for being Respectful and staying in her own workspace.

Hiba Elsheikh 2B

for being Respectful and staying in her own workspace.

Hamza Esmael

for being Respectful and caring for shared resources.

Kubilay Ozdemir

for being Respectful and listening to instructions from the teachers and other students ideas.



Staff Member of the Week



Jodi Lang for quickly establishing strong relationships with her students!



Dear Parents and Carers,

As part of my new role as the Health and Wellbeing Leader, I am looking at ways to support and help our children at school in their social and emotional development. As community members and parents, your opinions are very important in this development. Over this term I will be making myself available if you have any thoughts about what you feel could be improved in your child's health and wellbeing at school. Whether the subject is social concerns, connecting with teachers or something else, please feel free to stop me and have a chat or come along to the Hub to find out when I'm available.

On Friday next week (3/3/23) at 9:30, I will be making myself available to hear from families already involved so please feel welcome to join. My job is to listen, to help and support you and everyone involved in the health and wellbeing of the students at Meadow Heights Primary School.

Regards,

Ivan Bromilow
Health & Wellbeing Leader



OPEN NIGHT

**Tuesday
4 April 2023**

Information sessions
commencing at 5.00pm &
6.30pm

**Bookings required for our Open Night
and Regular Tours.** Visit our website
for more details.

2 Glencairn Drive, Greenvale VIC 3059

P +61 3 8393 0000 www.greenvalesc.vic.edu.au



HUME CITY COUNCIL PRESENTS

CRAIGIEBURN FESTIVAL

Saturday 4 March

12pm – 9pm

Craigieburn ANZAC Park

FREE EVENT



Don't miss the GREAT Scholastic WAREHOUSE SALE!

Thousands of children's books, including picture and chapter books, novels and activity items.

- Children's books 50% off RRP!
- \$2 HOT TITLES selection.
- Teacher Resources.
- PLUS, FILL a BOX of books for \$45 from a selected range of books.

Stock will be replenished throughout each day!

Campbellfield Warehouse Sale

Scholastic Warehouse
17 Production Drive, Campbellfield VIC

THREE DAYS ONLY:

Wednesday 22nd February: 8am—5pm

Thursday 23rd February: 8am—5pm

Friday 24th February: 8am—5pm



NOTICE OF ELECTION AND CALL FOR NOMINATIONS

An election is to be conducted for members of the school council of
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MEADOWS HEIGHTS PRIMARY SCHOOL

Nomination forms may be obtained from the school and must be lodged by 4.00pm on

TUESDAY 21 ST FEBRUARY 2023
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The ballot will close at 4.00pm on <i>(insert day, month and year)</i>.
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TUESDAY 8 TH MARCH 2023

Following the closing of nominations, a list of the nominations received will be posted at the school.

The terms of office, membership categories and number of positions in each membership category open for election are as follows:

Membership category

Parent member

Term of office	Year
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From the day after the date of the declaration of the poll in 20	2023
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to and inclusive of the date of the declaration of the poll in 20	2025
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Number of positions:	3
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Membership category

School employee member

Term of office	Year
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From the day after the date of the declaration of the poll	2023
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to and inclusive of the date of the declaration of the poll	2025
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Number of positions:	2
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Following the closing of nominations, a list of the nominations received will be posted at the school.

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

Principal signature



FORM 3: SELF-NOMINATION FORM FOR PARENT MEMBER CATEGORY

I wish to declare my candidacy for an elected position as a parent member on the school council.

Name

Residential Address:

Contact phone (<i>mobile or landline</i>):

Email:

I am the parent/guardian of
who is/are currently enrolled at this school.

Statement	Yes (Mark with an x)	No (Mark with an x)
I am an employee of the Department of Education and Training		
I am an employee of the school council		
I am engaged in work at and for the school.		

I am prepared to serve as a parent member of the above-named school council.

I hereby declare that:

- I am not, and have never been, insolvent under administration
- I am of sound mind
- I have not been found guilty of an offence that is, or would if committed in Victoria be, an indictable offence
- I am not a registrable offender within the meaning of the *Sex Offenders Registration Act 2004*.
- I am not suffering from any medical condition that would affect my ability to perform the role of member of a school council.

Signature of Candidate

Date:	
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You will be notified when your nomination has been received.

The personal information provided in this form is collected as part of the school council election nomination process. The information may be used to determine your eligibility as a candidate. Your personal information may be disclosed as a result of inspection prior to the commencement of voting or at any time up to one year from the declaration of the poll.

Your name will be included in a list of school council candidates and nominators (where applicable) posted in a prominent position at the school and for candidates, on a ballot paper (where applicable). Further, the name, membership category, gender (optional), term of office, office held (if any) of school council members and notification whether the member is an employee of the Department will be forwarded to the Department of Education and Training by the principal by 30 April each year as a record of council membership and may be used for statistical purposes.

You can access your personal information by contacting the principal on:

*If you choose not to give some or all of the information requested your nomination may not be accepted.
If you have any queries about the school council nomination process, please contact the principal.*

FORM 5: SELF-NOMINATION FORM FOR SCHOOL EMPLOYEE MEMBER CATEGORY

I wish to declare my candidacy for an elected position as a school employee member on the
(school name below)

school council

Candidate's details

Name

Residential Address:

Contact phone (mobile or landline):

Email:

Statement

Yes

(Mark with
an x)

No

(Mark with
an x)

I am an employee of the Department of Education and Training

I am an employee of the school council

I am engaged in work at and for the school.

I accept the nomination and I am prepared to serve as a school employee member of the above-named school council.

I hereby declare that:

- I am not, and have never been, insolvent under administration
- I am of sound mind
- I have not been found guilty of an offence that is, or would if committed in Victoria be, an indictable offence
- I am not a registrable offender within the meaning of the *Sex Offenders Registration Act 2004*.
- I am not suffering from any medical condition that would affect my ability to perform the role of member of a school council.
-

Signature of Candidate

Date:

You will be notified when your nomination has been received.

The personal information provided in this form is collected as part of the school council election nomination process. The information may be used to determine your eligibility as a candidate. Your personal information may be disclosed as a result of inspection prior to the commencement of voting or at any time up to one year from the declaration of the poll.

Your name will be included in a list of school council candidates and nominators (where applicable) posted in a prominent position at the school and for candidates, on a ballot paper (where applicable). Further, the name, membership category, gender (optional), term of office, office held (if any) of school council members and notification whether the member is an employee of the Department will be forwarded to the Department of Education and Training by the principal by 30 April each year as a record of council membership and may be used for statistical purposes.

You can access your personal information by contacting the principal on:

If you choose not to give some or all of the information requested your nomination may not be accepted.
If you have any queries about the school council nomination process, please contact the principal.

أعزائي أولياء الأمور ومقدمي الرعاية

سي عقد لقاء المعلمين مع أولياء الأمور في الأسبوع الذي يبدأ في 20 شباط .

نحن بصدد تغيير شكل اجتماع أولياء الأمور "لقاء المعلم". سيكون لدى فريق التدريس ملخص معلومات مع جميع أولياء الأمور في مستوى العام للطلاب. سيتبع ذلك فرصة لإجراء محادثة مع المعلم. إذا لم تتلق دعوتك ، يرجى الاتصال بالمكتب.

برنامج Imagineering Plus للصف الخامس والسادس

سيشارك طلاب السنة الخامسة والسادسة مرة أخرى في برنامج Imagineering Plus.

تتمثل العلاقة بين مدرسة Hume Whittlesea LLEN ومدرسة ميدو هايتس الابتدائية في دعم الطلاب وأولياء الأمور وإبلاغهم بمسارات التعليم والانتقال إلى المدرسة الثانوية. هذه مبادرة ممولة بالكامل من قبل الحكومة.

المخيم

سيقام المخيم السنوي 5 و 6 في الأسبوع الأخير من الفصل الدراسي الأول ، من الاثنين 3 إلى الأربعاء 5 نيسان 2023. سيذهب المعلمون والطلاب إلى معسكر Phillip Island Wildlife ، Surf and Fun وسيشارك الطلاب في مجموعة متنوعة من الأنشطة برفقة مدرسينا وموظفينا المؤهلين في كل مكان. الأطفال متحمسون للغاية باقتراب المخيم.

كومباس COMPASS

تم إرسال الدعوات / الملاحظات يوم الخميس للعائلات للتحقق من رسائل البريد الإلكتروني الخاصة بهم يوم الجمعة للحصول على تفاصيل تسجيل الدخول للوصول إلى كومباس COMPASS. تم أيضًا تضمين دليل سريع لمساعدة الآباء على البدء. ستكون جلسات دعم الوالدين متاحة خلال الأسبوع. نتطلع إلى التواصل معك على كومباس COMPASS.

أتمنى لكم أسبوعاً ممتعاً.

السيدة مارغريت ليتش
مديرة المدرسة.