

Wednesday Week 1

<p>9:00 – 10:00</p>  <p>Come meet With US!</p>	<p>WebEx Meeting – log onto your class meeting Your Teacher will guide you through a writing lesson</p>
<p>10:00 – 11:00</p> 	<p>Mathematics Number fluency: Numbers before and after Use your numbers in your bag Pull out one number. Say the number that comes before it and the number that comes after it (remember that before means backwards)</p> <p>Activity: This week we have been learning about ‘ordinal numbers’ We use these words when we put things in order. For this lesson you will need to make up some ‘ordinal’ number cards</p> <p>1st 2nd 3rd 4th 5th 6th 7th 8th 9th 10th</p> <p><u>Task 1:</u> Jumble up your cards and then put them back in order Say the name of each card: First, Second, Third, Fourth, Fifth, Sixth, Seventh, Eighth, Ninth, Tenth</p> <p>Find 10 toys that you can line up next to each other (you can use cars, teddies, dolls, lego) Put your ordinal cards next to each toy in order Get someone to ask you questions about your toys: Which toy is first in the line? Which toy is tenth in the line?</p> <p><u>Task 2:</u> Ordinal number is used when there is a race. You can have running races, swimming races, car races Draw a picture of you in a race. Where did you come in the race? Make sure that you have 10 in your race Put an ordinal number on each one in the race</p>

Task 3:

Look at the birds in the picture and answer the questions

What bird came first?

What colour was the bird that came 5th?

What colour was the bird that came 9th?

Can you think of any other questions that you can ask?



11:00 – 11:20



Morning Recess

Term 4 Week 1 P.E Prep

Hello grade Prep students and parents. Next week we will be back at school! In preparation I would like students to practice their underarm and overarm throw with a little game.

These are tips and videos for how to do an underarm throw and overarm throw

Underarm throw tips/video: [Click here for underarm throw video](#)

Overarm Throw Tips/video [Click Here for Overarm throw video](#)



Eyes

- Looking at the target

Positioning

- Get into a balanced front-on position facing target

Throwing arm

- Moves straight back and then swings straight towards the target with the arm close to the body

Transferring your weight

- Weight starts on your back foot and moves to your front foot throughout the throw. The force of the throw will determine whether you have two feet planted after your throw or you finish off balancing on one foot (your opposite foot to the throwing arm)

Fingers

- Point towards the ground throughout the throw

Follow through

- Throwing arm swings across the body



Eyes

- Looking at the target

Positioning (Surf/Skate)

- Get into a side-on position (Just like you are on a surf board or skateboard)

Point

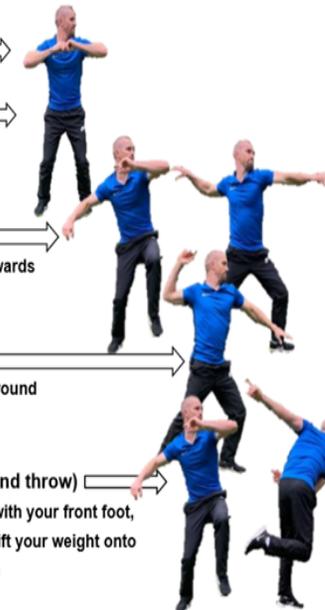
- Non-throwing elbow, arm and fingers point towards the target through the throw

Bend

- Bend throwing elbow and have it positioned around shoulder height or above before throwing

Transferring your weight (rock back, step and throw)

- Rock back to place weight on back foot, step with your front foot, throw the ball and have a follow through to shift your weight onto a balanced opposite foot to your throwing arm



Click this link to see me playing the game. Send some photos through of you playing it. Play any other games you would like to practice your underarm throwing! This is something you may have done in Term 2. It is good to practice again!

[Towel Target Game with Points!](#) Either Xuno message the photos or through my email.

Andreas.Jordanidis@education.vic.gov.au