

MEADOW HEIGHTS PRIMARY SCHOOL CANTEEN MENU

Term 1 - 2016

Please make sure all lunch bags are clearly marked with child's name and room number and placed in the classroom basket.

	<u>S/Wich</u> *	<u>Roll</u> *		
Vegemite (or Nutella)	\$1.50	\$2.00	Big beef pie (Halal)	\$3.20
Cheese	\$1.50	\$2.00	Party beef pie	\$1.00
Cheese & tomato	\$2.00	\$2.70	Sausage roll	\$2.40
Ham, cheese & tomato	\$2.50	\$3.20	Party sausage roll	\$1.20
Tuna	\$2.20	\$2.80	Hot dog (Halal)	\$3.00
Salad	\$2.80	\$3.80	Fish	\$2.40
Salad & ham	\$3.20	\$4.20	Fish in a roll (lettuce, mayo)	\$3.20
Salad & cheese	\$3.20	\$4.20	Chicken burger (Chs, lett, mayo)	\$4.00
Fresh Chicken	\$3.30	\$4.00	Chicken nuggets	\$0.80
Egg & lettuce	\$2.20	\$3.00	Steamed Dim Sims	\$0.80
			Pizza (Hawaiian, Margarita,)	\$2.50
			Potato Cakes (baked)	\$0.80
			Noodles - Chicken	\$2.50

EXTRAS = 50c

Salad = Carrot/cucumber/beetroot/tomato/lettuce

TREATS

Popcorn	\$1.30
Red Rock chips	\$1.30
JJ Snacks	\$1.30
Vege Crackers	\$1.00
Cheese Rice Sticks	\$1.00
Delites crackers	\$0.80
Mamee Noodles	\$1.00
Ovalteenies	\$1.00
Gingerbread man	\$1.20
Sultanas	\$1.00
Sesame snaps	\$1.00

Choc- chip Muffins	\$1.30
Carrot cake	\$1.30

Fruit salad	\$0.50*
Jelly	\$0.50
Fresh season fruit	\$1.00*

Sauce sachets \$0.20

Lunch Bags \$0.10

Lasagna	\$3.50*
Macaroni Cheese	\$3.50*

Sweet Chilli Tenders	\$1.50
Sweet Chilli Tender Roll (tomato, lettuce, mayo)	\$4.00

Doner Kebabs **FRIDAY ONLY** \$4.00

DRINKS

Bottled Water	\$2.00*
Flavoured Milk (choc, strawberry, banana)	\$2.00*
Juice (apple, orange)	\$1.50*
Quench flavoured mineral water (Cola, Blue Heaven, Orange & Apple/Raspberry)	\$2.00*
Up 'n' Go	\$2.00
Hot Chocolate	\$1.50

FROZEN TREATS

Paddle pops	\$1.60
Cyclones	\$1.80
Zooper Doopers	\$0.80
Frozen yoghurt	\$2.00
Frozen juice cups	\$1.00
Shakie Shake Choc Cups	\$2.00
Slushys	\$1.50
Moosies	\$1.30
Icy Twists	\$1.30
Calippos	\$1.00

*means a healthier choice